



CENTRAL LANCASHIRE TIMETABLE DECEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Multi Sport 12 noon - 1pm All Seasons Leisure Centre, Water St, Chorley PR7 1EX	Non-Contact Boxing 10.30am- 11.30am Birch Green ABC Boxing Club, Heversham Birch Green WN8 6QQ	Walk & Talk 11am - 12 noon Worden Park, Worden Lane Leyland PR25 3BD	Walk & Talk 11am - 12 noon Avenham Park, South Meadow Lane, Preston PR1 8JP	Walk & Talk 10 - 11am Adlington Library, Railway Road, Chorley PR6 9RG
Boxing 1pm-2pm Soccer City, Parker Street, Ashton on Ribble, Preston PR2 2AH	Walk & Talk 11 am - 12 noon Moor Park, Preston PR1 6AU	Football 12 noon - 1pm Fylde Sports and Education Centre, Coronation Way, Mill Farm, Preston PR4 3JZ	Yoga. 12pm Clayton Brook Village Hall, Clayton-le-Woods, Bamber Bridge PR5 8HL.	Football Session 12noon - 1.30pm Soccer City, Parker Street, Ashton-on- Ribble PR2 2AH
Walk & Talk 11am - 12noon Haslam Park, Blackpool Road, Preston PR2 1JE (Meet at park gates)	Walk, Talk, Foraging (WTF) Tuesdays 1.30 - 2.30pm Skelmersdale Ecumenical Centre (The Eccy), Northway, Birch Green, Skelmersdale WN8 6PN	Docks Walk & Talk 1.30 pm Riversway Preston Meet dockside at the Ribble Pilot	Badminton 7 - 8 pm West View Leisure Centre Ribbleton Lane, Preston PR1 5EP	

IN PARTNERSHIP WITH

Central and North Lancashire





FOR MORE INFO VISIT: activelancashire.org.uk