

# EAST LANCASHIRE TIMETABLE DECEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Free Ladies Yoga</b> 12.15-1.15pm and 1.30-2.30pm Haslingden Community Link, Haslingden, BB4 5PG Book with Geraldine on 07465 755471</p>	<p><b>Free Boxcercise &amp; Wellbeing</b> 2 - 3 pm The Fighting Fitness Academy Love Boxing, Unit 3a Myrtle Grove, Lench Rd, Rossendale, BB4 7JH</p>	<p><b>Games Room (Table Tennis, Pool &amp; Gaming)</b> 2 - 3 pm Pendle Yes Hub Scotland Road, Nelson BB9 7UU  <b>16 to 24 yrs only</b></p>	<p><b>Free Breakfast Club</b> 10 am - 12noon (Light Activities, Chill &amp; Chat) Trinity Hub, Bankhouse Lane Bacup OL13 OAL</p>	<p><b>Snooker and Pool</b> 12noon - 1pm, Alexandra Snooker Club, 5 Holme Street, Nelson  <b>16 to 24 yrs only</b></p>
<p><b>Don't Fret- Guitar Sessions with Aaron (Advanced)</b> 1pm- 2pm, Pendle YES Hub, Scotland Road, Nelson BB9 7UU  <b>16 to 24 yrs only</b></p>	<p><b>Pickleball, Badminton and Football</b> 4 - 5 pm Leisure Box Glen Way, Brierfield BB9 5NH</p>	<p><b>Kickboxing</b> 1 - 2pm Dragons Kickboxing Club, Mill, Unit 4 Thorney Bank Street, Nelson Square, Burnley BB11 1LA</p>	<p><b>Gym Session</b> 2 - 3pm Pendle Wavelengths, BB9 9TD  <b>(16-24 yrs only)</b></p>	<p><b>Rossendale Works Allotment</b> 1 - 4 pm Stacksteads Allotment Society, Brunswick Terrace, Bacup OL13 0HE</p>
<p><b>Music Group</b> 1pm - 2pm Active Seconds Shop, The Arndale, Accrington, BB5 1EX</p>	<p><b>Youth Club</b> 5.30 - 7.30 pm, Pendle Yes Hub Scotland Road, Nelson, BB9 7UU  <b>16 to 24 yrs only</b></p>	<p><b>Walk Wednesdays</b> 1 - 2pm, Meet at Pendle Yes Hub, Scotland Rd, Nelson, BB9 7UU  <b>16 to 24 yrs only</b></p>	<p><b>Bacup in Bloom Volunteer Gardening Sessions</b> 2 pm - 3 pm Stubblee Park, Bacup OL13 9RQ</p>	<p><b>Don't Fret- Guitar Sessions with Aaron (Beginners)</b> 1:30pm- 2:30pm, Pendle YES Hub, Scotland Road, Nelson BB9 7UU  <b>16 to 24 yrs only</b></p>
<p><b>Box Champions, Non- Contact Mentoring</b> 2 - 3pm Pendle Yes Hub, Scotland Road, Nelson BB9 7UU  <b>16 to 24 yrs only</b></p>		<p><b>Football Works 5-a-Side</b> 1 - 2pm Marl Pits Leisure Centre, Newchurch Road, Rawtenstall BB4 7SN</p>	<p><b>Mixed Netball</b> 6pm -7pm Hyndburn Sports Centre With coach Jane Moodie Contact Jane on 07960 340142 for any enquiries</p>	<p><b>Kickboxing, Boxing and Wellbeing</b> 2- 3pm Unit 17 Victoria Mill, Victoria Street. Accrington. BB5 0PG</p>
<p><b>Community Options</b> 2pm - 4pm, Skills Hub, Futures Park, Bacup OL13 0BB</p>		<p><b>Football</b> 3 - 5 pm Accrington Stanley Hub, Higham Playing Fields, Thorneyholme Road, Accrington BB5 6BD</p>		
		<p><b>Haslingden Community Link Drop- in Active Lancashire Advice and Support</b> 11am -12pm Haslingden Community Link, Haslingdon. BB4 5PG</p>		



Activity for 16 - 24  
year olds only

**IN PARTNERSHIP  
WITH**



**FOR MORE INFO VISIT:  
[activelancashire.org.uk](http://activelancashire.org.uk)**