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Foreword

In 2016, Sport England and UK Sport launched 'A Code for Sports Governance' to drive improvement across all areas of governance. To date, the Code has been applied to over 4,000 partners in receipt of Government and/or National Lottery funding from our organisations and has had a significant impact in helping to improve the standard of governance across both sports and non-sports organisations. The Code has supported improvements in decision-making structures, Board diversity (particularly in the area of women on Boards), transparency, accountability and financial integrity across the sector and organisations have done commendable work to reach this level. The Code itself has provided a template for improving sports governance, with several nations across the world drawing on its principles and framework.

In 2020, we announced a review of the Code. The review looked across the full set of Requirements in the Code through a diversity and inclusion lens. It allowed us to reflect on the lessons learned from its first application; provide more support and guidance within the commentary against specific Requirements; and ensure the Code was up to date with good governance developments and practices which may have changed since it was introduced.

The review was jointly managed between Sport England and UK Sport, and involved input from an open consultation and focus groups, as well as expert views from legal, governance, and diversity and inclusion specialists.

We are proud of what our sector has achieved in terms of governance in recent years, but we cannot be complacent. As the sector begins to recover from the impact of the pandemic, we must continue to challenge ourselves to be stronger, better and more diverse as organisations. It is with this in mind that the revised Code seeks to set a progressive landscape for sport governance development and improvement over the next few years.

One of the key pieces of feedback we received when consulting on the review of the Code was to ensure the Requirements are easy to grasp and that we help organisations understand the evidence they need to show us against each of the Requirements. As part of the revised Code, we are proud to launch 'A Code for Sports Governance – Tier 1' as a separate document in what we hope is a clearer and more accessible way. We have also provided more detailed guidance in the commentary for organisations being funded at Tier 3

level, further explaining the importance of each Requirement and how they can be evidenced. While there have been limited changes to the Code's Principles and Requirements, we have introduced new requirements for Tier 3-funded organisations on welfare and safety; environmental social governance; the promotion and implementation of good governance standards throughout operations; and the importance of people planning. Another major new requirement is the need for all funded partners to have ambitious and actionable Diversity and Inclusion Action Plans that deliver enhanced diversity in all its forms not only on the Board, but also on the Senior Leadership team and wider structures. We believe this is essential to ensure that sport and physical activity are fully inclusive and reflective

of our society, and that our sector thrives, is sustainable and fit for the future. We must all be more ambitious, transparent and accountable for progress in this area.

As part of our respective strategies, UK Sport and Sport England are fully committed to supporting and working in partnership with organisations to implement the Code, with governance being one of the major catalysts in Sport England's Uniting the Movement strategy; and at the heart of building long-term organisational health across sports in UK Sport's 2021-31 Strategic Plan. We therefore hope you will find this Code a valuable tool and are excited to work with you in your governance journey, helping set your organisation up for continued success.



Tim Hollingsworth
Chief Executive, Sport England



Sally Munday
Chief Executive, UK Sport

Introduction

Development and review of the Code

The Code for Sports Governance sets out the levels of transparency, diversity and inclusion, accountability and integrity that are required from those organisations who seek – and are in receipt of – UK Government and National Lottery funding from Sport England and/or UK Sport.

Launched in 2016, the Code has been applied to over 4,000 organisations across its three Tiers of funding and has provided a standard framework of governance for a wide and diverse range of national, regional and local bodies, community groups and charities providing sport and physical activity opportunities. Many of the principles set out in the Code are widely accepted as being elements of good practice in corporate governance, and can be found in most models of governance both within and outwith the sporting sector, e.g. the UK Corporate Governance Code, the governance frameworks of all five domestic Sports Councils, and the Sport and Recreation Alliance’s Voluntary Code of Good Governance.

In July 2020, against the backdrop of Black Lives Matter and over three years of implementing, assessing and supporting the governance of organisations in line with its provisions, UK Sport and Sport England announced a review of the Code. This was aimed at identifying areas where the Code would benefit from further development, with a substantive focus on those elements that support diversity and inclusion. The review also provided the opportunity to compare the requirements in the Code against best practice in governance, recognising that thinking may have moved on and further improvements may be found in sport and other sectors.



The review took a comprehensive look at every aspect of the Code – not only each individual Principle, Requirement and related commentary but also how the Code is presented, used and applied. For this, it has drawn heavily on expertise and insight from teams across UK Sport and Sport England, independent experts and a wide range of partners and stakeholders. We want to offer our sincerest thanks to all those who have shared their views with us and contributed so meaningfully to this review.

The review was clear from the outset that any changes to the Code should be evidence-based. Two important pieces of work have supported this: the first was an externally-sourced audit of Board diversity of more than 130 funded partners; the second was an independently-led consultation conducted through an online survey and focus groups, receiving more than 200 responses.

This consultation revealed that:

- 87% of organisations funded by UK Sport and/or Sport England found the Code helpful
- While some organisations faced significant challenges in implementing some of the requirements through their membership, 88% said that the Code has tightened their organisation’s governance
- Key impact areas were found to be Board diversity (particularly with regard to increasing women on Boards) and term lengths
- The compliance process was felt to be rigorous and supportive.

We also know that since its introduction the Code has attracted significant interest internationally and several countries have now emulated it. National Governing Bodies of sport also routinely engage with their international federations, with the Code providing a valuable framework for sharing knowledge and informing governance reform at an international level.

We have been heartened by the positive impact the Code has achieved, thanks to the huge work that funded partners have carried out in recent years to implement it and further enhance good governance in the sector. However, the review also highlighted several areas for improvement, including making the Code more accessible and easier to understand; providing more guidance in terms of explanations, templates and case studies; and encouraging greater flexibility and proportionality based on size and capacity.

Critically, while progress has taken place, the review revealed the need and demand for (as well as desire from) organisations working in sport and physical activity to do far more in ensuring they – and the sector as a whole – reflect and are representative of the diversity of the society we serve. The inclusion of topics such as environmental sustainability, welfare and safety, and the expansion of the Code from Boards to other parts of organisations, also emerged as areas for development.

As a result, while limited changes have been made to the original Code Principles and Requirements, Tier 1 has been revised and made, we hope, more accessible through a separate dedicated resource. Also, the following new Requirements have been introduced in respect of Tier 3:

- Organisations in receipt of significant funding from Sport England and/or UK Sport must have a detailed and ambitious plan to increase the level of diversity and inclusion not only on their Boards, but also on their Senior Leadership Teams and across their organisation and structures (Req. 2.1). The plan and progress they are making against it will need to be agreed with Sport England and/or UK Sport, reviewed and updated at least annually, and made public (Req. 2.2-2.3). In addition to these specific requirements, diversity and inclusion have been reinforced as a major thread throughout the Code
- Boards will be required to appoint a Welfare and Safety lead Director on their Boards in response to heightened concerns around welfare and safety in sport and physical activity, (Req. 4.7); cascade, implement and promote good governance standards – including with respect to diversity and inclusion – throughout the organisation's wider operations, for instance their internal structures and at regional and county level (Req. 4.1); and factor the impact on stakeholders, the environment and wider society into their decisions and the actions implemented by their organisation (Req. 5.2)
- The Code will also now expect organisations to consider their strategic plans for their people on at least an annual basis (Req. 3.4).

While no new requirement has been introduced in the area of Board culture, this has also emerged as an area of major importance in the consultation and one we will be keen to explore further with stakeholders as the revised Code is implemented. In the meantime, existing requirements and commentary have been strengthened to reinforce the need for effective and inclusive culture at Board level, so that the standards and behaviours set out in the Code become more embedded within all the organisations we fund.

Based on consultation feedback and practical experience of implementing the Code, the commentary for all requirements has been updated, with the hope this will help organisations more easily understand and implement the provisions of the Code. UK Sport and Sport England will work in close partnership with organisations seeking or receiving their funding by providing bespoke advice and support so that governance standards – including those for diversity and inclusion – continue to be enhanced and owned by the sector. We will also want to better harness the invaluable expertise and feedback from funded organisations and wider stakeholders to ensure that sports governance in the sector continues to evolve.

It is through this process of ongoing implementation of the Code, as well as support, learning and development, that we hope funded organisations will be better equipped and representative to take effective decisions in the best interests of their organisations, as well as the individuals and communities taking part in sport and physical activity – thus helping the sector as a whole to grow and thrive in the future.



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The Five Principles

1. Structure

Organisations shall have a clear and appropriate governance structure, led by a Board which is collectively responsible for the long-term success of the organisation and exclusively vested with the power to lead it. The Board shall be properly constituted and shall operate effectively.

Why is it important? ⚠

The right governance structure, with decisions made at the right level, enables the best decisions to be made to drive the success of the organisation.

Having an appropriate governance structure demonstrates to all stakeholders that the organisation is well managed. This is key to winning the confidence of staff, suppliers and potential investors and also provides a framework for organisational growth and development.

2. People

Organisations shall recruit and engage people with diversity of background, thought, independence, skills and experience to take effective decisions that further the organisation's goals and best serve their communities, stakeholders and wider UK society.

Why is it important? ⚠

Diverse, skilled and experienced decision-making bodies which contain independent voices and engage in constructive and inclusive debate enable good decision-making and help create trust with stakeholders.

3. Communication

Organisations shall be transparent and accountable, engaging effectively with stakeholders and nurturing internal democracy.

Why is it important? ⚠

Being responsive to stakeholders, understanding their interests and hearing their voices helps shape the organisation's governance and strategy. Transparency about why the organisation exists, what it is trying to do, how it is doing it, with what results and in an accessible way empowers stakeholders by giving them the information about the organisation that they need to know.

4. Standards and Conduct

Organisations shall uphold high standards of integrity, promote an ethical and inclusive culture, and engage in regular and effective evaluation to drive continuous improvement.

Why is it important? ⚠

Having the right values embedded in the culture of the organisation helps protect public investment and also enhances the reputation and effectiveness of the organisation, earning stakeholder trust. Constantly seeking to improve makes an organisation swift to respond to new challenges and opportunities.

5. Policies and Processes

Organisations shall comply with all applicable laws and regulations; consider the social and environmental impact of their decisions; undertake responsible financial strategic planning; and have appropriate controls and risk management procedures.

Why is it important? ⚠

Understanding the legal environment, factoring in socio-environmental considerations when making decisions, and having in place appropriate financial and other controls help mitigate risk and enhance stakeholder trust and organisational reputation.



Tier 3 – Mandatory Requirements

Principle 1: Structure

Organisations shall have a clear and appropriate governance structure, led by a Board which is collectively responsible for the long-term success of the organisation and exclusively vested with the power to lead it. The Board shall be properly constituted and shall operate effectively.

Boards

- 1.1 The Board of the organisation shall:
- a. be the ultimate decision-making body and accordingly exercise all of the powers of the organisation;
 - b. be responsible for setting the strategy of the organisation; and
 - c. maintain and demonstrate a clear division between the Board’s management and oversight role and the executive’s operational role.

Board size and composition

- 1.2 The Board shall be of an appropriate size, not exceeding 12 unless agreed with UK Sport and/or Sport England, in order to:
- a. meet the requirements of the organisation;
 - b. have the appropriate balance of skills, experience, diversity, independence and knowledge;
 - c. manage changes to its composition (including that of its Committees) without undue disruption; and
 - d. promote an open and inclusive dialogue among the Directors.
- 1.3 Each organisation must maintain an up-to-date matrix detailing the skills, experience, diversity, independence and knowledge required of its Board.
- 1.4 No one individual on the Board may have the unfettered ability to take a decision.



- 1.5 If a member of the executive management of the organisation (e.g. the Chief Executive Officer or Senior Finance Officer) is appointed to the Board, then they may only be appointed in an ex officio capacity.

Term limits

- 1.6 Subject to the exceptions set out in Requirement 1.7 below, a Director may serve on the Board for a number of consecutive terms, each term being no more than four years in length, up to a maximum of nine years continuous service.
- 1.7 The exceptions referred to in Requirement 1.6 are as follows:
- a. In the event a Director is:
 - i. subsequently appointed as the Chair following a period of service as a Director on the Board; or
 - ii. appointed to a senior position within their sport’s international federation while serving as a Director;that Director may continue to serve on the Board for the period of such appointment, subject to a maximum term of 12 years on the Board inclusive of their term prior to such appointment.
 - b. A Director appointed in an Ex Officio capacity may serve on the Board for the duration of their holding the relevant office.
 - c. In exceptional circumstances (for example to assist succession planning), a Chair or Director may hold office for a further year.
- 1.8 When a Director has completed their maximum term, at least four years must elapse before they can be eligible to stand as a Director for that organisation again.

Integrity

- 4.4 Each organisation shall adopt a mandatory Code of Conduct for all types of directorships and Council positions that, among other things, requires all parties to act at all times in the best interests of the organisation, as well as acting with inclusivity, integrity, in an ethical manner and in accordance with their organisation's Conflict of Interest policy.
- 4.5 The Code of Conduct, terms of reference and other policies relating to the Board and its Committees shall be regularly reviewed and maintained.

Conflict of interest

- 4.6 The Board shall maintain a Conflict of Interest (COI) policy which:
- identifies protocols for Director voting, ensuring fair participation of voting among the Directors. If a COI is identified or declared, the conflicted Director may not be counted in the quorum, participate in any discussions, or vote, on the conflicted matter;
 - outlines the Chair's responsibility in managing COI;
 - requires the maintenance of a COI register and illustrates the process for this; and
 - outlines the responsibility on individual Directors to maintain an up-to-date record of their COI.

Welfare and safety

- 4.7 The Board shall ensure its responsibilities towards the welfare and safety of its members and people (including but not limited to employees, participants and volunteers) are factored into the decisions it makes and shall appoint one of its Directors to take a lead in this area.

Principle 5: Policies and Processes

Organisations shall comply with all applicable laws and regulations; consider the social and environmental impact of their decisions; undertake responsible financial strategic planning; and have appropriate controls and risk management procedures.

Legal compliance and control

- 5.1 The Board shall demonstrate that both individually and collectively it understands the key legal and regulatory obligations (including those which are specific to sport National Governing Bodies) which affect the Board and the organisation.

Environmental social governance

- 5.2 The Board shall ensure it factors the impacts on stakeholders, wider society and the environment into the decisions it makes and the actions implemented by the organisation.

Policies and financial control

- 5.3 The Board shall be responsible for ensuring that it and the organisation's staff have the relevant competence and qualifications in financial matters.
- 5.4 The Board shall:
- adopt appropriate and proportionate policies and procedures for their organisation including those which address regulatory obligations and those that ensure sufficient financial control;
 - take all reasonable steps to ensure that these policies and procedures, where appropriate, are communicated to, and understood and followed by, its Directors, staff and volunteers (where relevant); and
 - ensure that these policies and procedures are reviewed and updated in accordance with the organisation's review schedule.

- periodic review of the financial plan and performance against annual budget (Requirement 5.6)
- periodic review of major risks (Requirement 5.7)
- approval and review of the organisation's Diversity and Inclusion Action Plan (Requirement 2.2)
- discussion of, and engagement with, stakeholder proposals and concerns (Requirement 3.3); and
- a process to identify areas where the Board may be assisted by further education and training.

It is expected the Board will discuss each of the above at least annually (and more frequently if necessary).

The organisation may also find it helpful to set out clearly any responsibilities or powers that rest with members or related bodies (e.g. the Council) if these exist, while bearing in mind that ultimate power must rest with the Board.

It is also recommended that a Scheme of Delegation document is agreed by the Board. In practice the Board may delegate some of its responsibilities (covering financial and non-financial obligations) to Committees or other groups. A Scheme of Delegation helps clarify what has been delegated, the scope of the delegation, and which elements the Board has chosen to reserve for its attention only (also known as Matters Reserved for the Board). Requirement 1.15 discusses Committees in more detail.

(b) Setting the strategy

It is important the Board has the authority to set the organisation's strategy but it is likely that to do so effectively, the Board will need to draw on, and consult, a range of stakeholders. This Code defines a stakeholder as 'any person or group who has an interest in the organisation or is affected by its actions'.

Best practice suggests that most Boards should set a rolling strategy of at least four years for the organisation which outlines its key long-term objectives and the strategies being implemented to achieve them.

From this, an annual business/operational plan is developed by the executive or management team, which outlines the key tasks to be undertaken to contribute to the achievement of the strategic objectives. The Board may also wish to set key performance indicators to monitor the achievement of the strategic plan

and business/operational plan objectives, with responsibility for achievement of the objectives, tasks and key performance indicators allocated to specific Committees, employees or volunteers.

The responsibility to set the strategy also extends to keeping it under review, and it is recommended the Board reviews it at least annually.

(c) Division between Board and executive role

Many organisations have an executive or management team which has responsibility for the day-to-day running of the organisation and which is accountable to the Board.

Some organisations may only have a small number of staff and perhaps one or two senior executive positions. In this case it is still important to ensure, as far as possible, there is separation between the operational responsibilities of staff and the strategic role of the Board.

To enable the Board and the executive to perform their respective functions effectively, it is important the responsibilities of each are clear and understood by Directors, senior executives and others within the organisation. Documents such as the Matters Reserved for the Board and Scheme of Delegation (see commentary for Requirement 1.1 (A) above), as well as the 'Board terms of reference', can help ensure these responsibilities are defined clearly.

The Scheme of Delegation and Matters Reserved for the Board are particularly important in those organisations with no executive capacity, where Board members take up executive functions. In those instances, it should be made clear which decisions and actions are reserved for the Board (i.e. decisions to be made formally by the Board as a whole) and which actions are delegated to individuals to complete in an executive and operational capacity.

To support transparency, Boards may wish to consider the extent (if any) to which Directors or members of the Council (if applicable) are able to liaise directly with the executive outside of the formal procedures, and whether any such communication should be reported to the Board for their record and information. It may be helpful to capture this in relevant documents.

Board size and composition

- 1.2 The Board shall be of an appropriate size, not exceeding 12 unless agreed with UK Sport and/or Sport England, in order to:
- Meet the requirements of the organisation;
 - Have the appropriate balance of skills, experience, diversity, independence and knowledge;
 - Manage changes to its composition (including that of its Committees) without undue disruption; and
 - Promote an open and inclusive dialogue among the Directors.

Commentary

The most successful Boards are widely accepted to be those which draw on a range of viewpoints, skills and experience to support delivery of the organisation's strategy and which foster an inclusive culture where all voices are heard and valued, and where constructive challenge and difference of opinion is respected.

An appropriate Board size enables full and frank discussions and ensures a balance of skills, experience, independence and diversity of thought and knowledge. If the Board is too big, it may be too unwieldy to make effective decisions. If too small, issues of continuity may arise when vacancies occur and it may be difficult to achieve the required range of skills and voices.

Organisations should also consider Requirement 3.3, by which organisations must have a strategy for engaging with their stakeholders. A full understanding of the organisation's stakeholder landscape should inform the composition of its Board (and its Council, if it has one).

Organisations may also wish to consider whether observers (someone who attends on a non-voting basis and is not a Director) should be permitted to attend the Board. Where this is the case, the general rights and roles of such individuals should be detailed within the organisation's governing documents, with the Chair ensuring all Directors are clear on the basis for any particular observers attending.

It is for the organisation to determine the appropriate size for its Board having regard to the factors set out above, although UK Sport and Sport England expect an organisation to be able to meet this Requirement with a Board size of 12 or fewer. Any exception to this must be discussed and agreed with UK Sport/Sport England in advance.

- 1.3 Each organisation must maintain an up-to-date matrix detailing the skills, experience, diversity, independence and knowledge required of its Board.

Commentary

One element which enables a Board to constitute itself properly and perform effectively is knowing which skills are required to deliver and oversee the organisation's strategy, and then securing these skills through the Board appointment process. Requirement 2.4 is clear that all Board appointments should be skills-based.

The skills matrix should clearly set out the skills required of the Board and include an assessment of the current position. This may include a mix of specific technical and professional skills (e.g. finance, IT) as well as broader experience and knowledge (e.g. diversity and inclusion, welfare and safety). Attention should be paid to the organisation's long-term strategy and whether the skills required need to evolve to meet that strategy, given that Board appointments may be in place for some time. It is also helpful to ensure the skills matrix is considered in conjunction with the organisation's Diversity and Inclusion Action Plan (Requirement 2.2) to ensure it takes a holistic view of the skills and experience needed by the Board.

Any gaps can then inform the preparation of the role description and person specification for any new Director that the organisation is seeking to appoint. This assessment also enables the organisation to have a clear picture of the skillset of its current Directors and draw on this experience as necessary when relevant matters arise, and to assess training and development needs.

The Requirement states the skills matrix must be kept up-to-date. The Board should therefore determine the frequency at which it is reviewed and if necessary amend it from time to time. It may be convenient to undertake this review alongside the annual Board evaluation (Requirements 4.1 and 4.2), the review of the Diversity and Inclusion Action Plan (Requirement 2.2) or at other relevant times, for example if there are changes to the organisation's strategy. An effective skills matrix is one that works as an active and helpful tool for the Board when it is required.

1.7 The exceptions referred to in Requirement 1.6 are as follows:

- a. In the event a Director is:
 - i. subsequently appointed as the Chair following a period of service as a Director on the Board; or
 - ii. appointed to a senior position within their sport's international federation while serving as a Director;

that Director may continue to serve on the Board for the period of such appointment, subject to a maximum term of 12 years on the Board inclusive of their term prior to such appointment.

- b. A Director appointed in an Ex Officio capacity may serve on the Board for the duration of their holding the relevant office.
- c. In exceptional circumstances (for example to assist succession planning), a Chair or Director may hold office for a further year.

Commentary

Exception (a)

The maximum 12-year term includes all time spent on the Board including initial period as a Director. For the avoidance of doubt, if someone is appointed onto the Board directly as Chair without any previous service on that Board, the term limits in Requirement 1.6 apply. If that individual is subsequently appointed to a senior position within an international federation, exception 1.7 (a)ii could be applied.

A 'senior' position with their sport's international (world) federation means:

- the presidency
- membership of the Board or Executive Committee
- membership of the Council.

If an individual holds a senior position with an international federation, they may need to be directly connected with the leadership of the sport at a national level, to ensure they have up-to-date insight and knowledge to inform their international work. There are several ways to manage this:

- they may serve on the Board (for a maximum of 12 years); or

- they may be appointed to an honorary position, and/or attend Board meetings (or parts of Board meetings) as an observer (i.e. not as a Director, and on a non-voting basis); and/or
- the organisation may establish an international relations management group so that international post holders can discuss matters with Directors and executives of the organisation.

Exception (b)

This is in line with Requirement 1.5 and the definition of 'Ex Officio'.

Exception (c)

As noted at Requirement 1.2, the size of the Board should be sufficient to handle changes to its composition. In addition, Requirement 2.7 requires succession plans for orderly appointments to the Board. However, where it would make sense to retain an individual beyond their normal term of office, and they are willing to do this, the Board may decide to extend their term for a further year. The expectation is that the rationale would be clear and it would only be done on an exceptional basis (e.g. because of unforeseen succession planning issues or because an individual brings a particular skill that is needed at that time). UK Sport/Sport England would expect to be consulted in advance on any proposal to extend a Director's term under this exception.

1.8 When a Director has completed their maximum term, at least four years must elapse before they can be eligible to stand as a Director for that organisation again.

Commentary

This Requirement supports the same principles and benefits outlined in the commentary to Requirement 1.

Chair

- 1.9 Each Board must have a duly appointed Chair who shall be responsible for the leadership of the Board.

Commentary

The Chair has an important role in leading the Board and establishing a constructive and inclusive environment that enables the Board to achieve its potential and secure the long-term success of the organisation. As part of this leadership role, a Chair will usually:

- set the Board's agenda
- ensure the effectiveness of the Board, including how individual Directors perform and interact at meetings (see Requirement 4.1 regarding Board evaluation)
- ensure Directors receive accurate, timely and clear information
- ensure adequate time is available for discussion of all agenda items, in particular strategic issues, and that this time is used productively
- ensure Board decisions are executed and actions implemented
- promote a culture of openness, debate and constructive challenge among the Board by facilitating the effective contribution of all Directors and ensuring constructive relations between executives and Directors
- act as a link between the Board and executive, particularly the Chief Executive
- manage conflicts of interest
- take a lead on governance matters; and
- set an example in the values and behaviour they adopt, acting at all times in line with the mandatory Code of Conduct that has been agreed by the Board (Requirement 4.4) and in the best interests of the organisation.

- 1.10 The roles of Chair and Chief Executive Officer (or equivalent) shall not be exercised by the same individual and the division shall be established in writing and agreed by the Board.

Commentary

This reinforces Requirement 1.1 (c) which requires a clear division between the Board's management and oversight role and the executive's operational role. A Chair is only able to provide objective oversight if they have sufficient separation from, and are not directly responsible for, the day-to-day management of an organisation. Conversely, a Chief Executive (or equivalent) is often required to become intimately involved in developing and executing management plans for an organisation. Keeping the roles separate, as well as having these defined in writing and agreed by the Board, ensures each has the opportunity to perform their respective functions to the best of their ability.

- 1.11 UK Sport and Sport England reserve the right to require that an organisation in which they invest appoint an Independent Chair. This right will only be exercised after appropriate consultation and if UK Sport/ Sport England reasonably believes that it is necessary to safeguard public funding or further the purposes for which that funding was granted.

Commentary

Organisations are not required to appoint an Independent Chair but it may be prudent, when a Chair vacancy arises, to consider whether the appointment of an independent Chair would be the right step for the organisation. Independent Chairs may offer the potential to have a more detached, objective view.

There may be occasions, however, when Sport England and UK Sport intervene to require an organisation in which they invest to appoint a Chair who meets the definition of 'independent'. UK Sport and Sport England would only exercise this right in the circumstances set out in this Requirement, usually upon a natural vacancy occurring and after discussion with the organisation, providing support as appropriate to make the change.

Where this is the case, appointments should be made in line with Requirements 2.4 and 2.6.

Independent Non-Executive Directors

1.12 At least 25% of the Board shall be Independent Non-Executive Directors.

Commentary

There are a number of reasons why it is beneficial to have Independent Non-Executive Directors on a Board. They enhance decision-making by providing objective scrutiny and offering an independent perspective, drawing on their current and previous experience from outside of the organisation as well as bringing diverse skills and knowledge. Having an element of independence in an organisation's governance structure often enhances the reputation of the organisation and makes it a more favourable proposition to potential partners, investors or sponsors.

In some organisations, all or the majority of the Board is independent, and for others there may be good reasons for not adopting this model. Given the value independence brings, Boards with or just exceeding the minimum 25% are encouraged, as good practice, to review periodically, and consider with serious intent, whether this percentage should be increased for their organisation.

To perform effectively, Independent Non-Executive Directors need to receive a good induction (Requirement 2.12), have access to the right information at the right time, and have the confidence and space within the boardroom to offer constructive challenge. In return, Independent Non-Executive Directors need to ensure they are able to commit sufficient time to their role and to understanding the business of the organisation.

To preserve the value deemed from having an element of independent challenge in the decision-making process, organisations may want to consider if a quorum of the Board should include a certain number of Independent Directors.

If 25% is not a whole number, then this should be rounded up for the purposes of calculating the required number of Independent Non-Executive Directors.

For the avoidance of doubt, a Nominated Director is not considered independent for the purposes of this Code.

1.13 Each Board shall appoint one of its Independent Non-Executive Directors to be the Senior Independent Director (SID).

Commentary

The Senior Independent Director (SID) has a specific role defined in this Code and if required, UK Sport and Sport England can provide further guidance on this.

There are a number of ways an organisation can appoint its SID. First and foremost, as the SID is an Independent Non-Executive Director they must be appointed to that role through an open, publicly advertised and accessible recruitment process (Requirement 2.6) and must meet the Code's definition of 'independent' upon their appointment.

An organisation's Articles of Association may specify the process for appointing the SID, but in most cases the appointment requires only a majority vote by the Board of Directors (excluding any candidates for the role of SID). The Nominations Committee may also play a part, taking responsibility for identifying willing candidates once a vacancy becomes apparent, and making a recommendation to the Board.

It may be that there are no willing candidates from within the Board, or that none of the potential candidates are considered suitable for the role. If this is the case, a new Independent Director would need to be recruited to join the Board and take on the role of SID. It is important to remember that as well as recruiting someone with the skills and experience to be the SID, the recruitment should consider the broader skills, diversity and experience needed by the Board (Requirement 2.4), the maximum number of Directors permitted to be on the Board (Requirement 1.9) and the recruitment processes required for Independent Directors (Requirement 2.6).

In circumstances where the recruitment process is expected to take some time, and none of the existing Independent Directors wish to step in for the interim period, the Board may wish to consider co-opting someone independent to act as SID until a permanent replacement is appointed (Requirement 2.5).

Meetings

1.14 The Board and its Committees (if any) shall:

- a. meet sufficiently regularly to discharge their duties effectively; and
- b. maintain a proper record of their meetings and decisions.

Commentary

Regularity of meetings

The regularity of Board (and Committee) meetings is a matter for an organisation to decide and is often determined by the Chair in consultation with other Directors, the Chief Executive and the Company Secretary or governance lead. However, in deciding what is appropriate, the organisation may wish to consider:

- the role the Board plays in monitoring and scrutinising performance against key strategic and financial priorities; and
- the benefits of scheduling meetings to fit with key business milestones (such as financial reporting periods) and to ensure dates are set well in advance to secure time in Directors' diaries.

Regularity of meetings (and attendance at them) is an area the Board may find it helpful to monitor as part of its annual review of effectiveness.

Subject to their governing documents, Boards may choose to make provision in their terms of reference to enable meetings to take place 'virtually' or for individual Directors to join a meeting in this way. This may facilitate attendance when it is not possible to meet in person and also provides a useful tool should urgent matters arise outside of the normal Board (or Committee) meeting calendar. The ability to conduct virtual meetings can also broaden the network of candidates wishing to join the organisation when Board positions arise.

However regularly the Board meets or in what form, facilitating meetings to ensure all voices are heard is an important requirement in helping the Board make effective decisions.

Record of meetings

Maintaining a proper record of meetings, decisions and actions agreed promotes accountability and transparency by providing clarity about when the meeting took place, who was there, what was agreed, why a decision was made and who made it.

Board Committees

1.15 The Board shall:

- a. maintain (i) an Audit Committee, and (ii) a Nominations Committee;
- b. ensure the Nominations Committee shall be majority Independent Non-Executive Directors and if dealing with the appointment of a successor to the Chair, shall be chaired by an Independent Non-Executive Director;
- c. ensure all Committees shall report to Board and have clear terms of reference, and
- d. establish any other Committees and/or Task and Finish Groups as it sees fit.

Commentary

(a) Audit Committee

An Audit Committee has particular responsibility in relation to ensuring the adequacy of the organisation's financial reporting and internal controls. It is for the Board to determine the composition of the Committee but best practice suggests this should be comprised of at least two, and preferably three, Independent Non-Executive Directors, with at least one member of the Committee having recent and relevant financial experience and one member with risk expertise who can bring knowledge of effective risk management and internal control. The Committee should be chaired by an Independent Non-Executive Director, and the Chair of the Board should not ordinarily be a member of the Committee.

The Audit Committee is usually responsible for making a recommendation on the appointment, reappointment and removal of the external auditors and would meet the external and internal auditors at least annually, without management, to discuss matters relating to its remit and any issues arising from the audits.

(d) Establishment of other Committees

The Board may decide to delegate certain responsibilities to other Committees or groups. Generally, delegation to Committees does not detract from the Board's collective responsibility for delegated issues but can help significantly with the Board's management of them.

Beyond the work of the Audit and Nominations Committees, Boards often delegate consideration of the following governance-related issues to Committees:

- Risk management and internal control
- Remuneration
- Ethics and compliance
- Performance and athletes
- Diversity and inclusion
- Environmental social governance or sustainability.

Sometimes these issues are part of the work of the Audit (e.g. risk management and internal control) or Nominations (e.g. remuneration) Committees; sometimes separate Committees are established. Whether and how to delegate consideration of the above matters is for the Board to determine.

In addition, the nature of sport National Governing Bodies is such that their Boards sometimes constitute Committees to give detailed and expert consideration of sport-specific issues (e.g. performance management and athlete welfare).

Committee appointments from outside the Board

As well as Directors, a Committee may include individuals from within or outside of the organisation if the Board considers this appropriate. Recruiting individuals to serve on Committees can bring specialist skills, diverse experience and perspective and act as a development opportunity, giving valuable experience to individuals who may in the future wish to pursue becoming Directors. It is recommended that the basis for any Committee appointments outside of the Board is clear and focused on bringing particular skills or perspectives. Where appointments are to be made from outside the organisation (e.g. recruitment of technical specialists to Audit or Nominations Committees), it is recommended they are publicly advertised.

When recruiting from within or outside of the organisation, it is important to ensure any candidates are provided with sufficient information to ensure they understand what would be expected of them in the role. This would include documents such as the Committee terms of reference, information about expected time commitment and any recompense (e.g. expenses), and any relevant codes of conduct.

Councils

1.16 A Council shall not be able to override the Board but may have reasonable rights to consultation and constructive challenge.

Commentary

Some organisations have Councils that form part of their constitutional or organisational structure representing some or all of their stakeholders (e.g. members) in some capacity and which have powers or rights with respect to their governance.

The Board is the ultimate decision-making authority (Requirement 1.1(a)) but Councils can provide an important forum for members or other stakeholders to discuss and debate matters of importance for the organisation and to provide a collective view to the Board.

For sport National Governing Bodies, Councils can also play an important role in supporting some of the technical aspects of the sport (e.g. competition rules and regulations).

An organisation's constitutional documents may outline formal mechanisms for the Board and Council to engage or these may be established via common practice or be conducted more informally. Whatever the method of engagement, an effective and constructive relationship is likely to be important in contributing to the long-term success of the organisation.

Some Councils may appoint Directors to the Board (Requirement 1.18) or other Nominated Directors may be appointed to the Board by a particular group or constituency within a sport (e.g. geographical area, or a discipline of the sport). As such, they may provide a useful conduit between the Board and their constituency. Directors appointed in this way have a duty to act in the best interests of the organisation (as a whole). This responsibility would ordinarily be explained to Directors as part of the appointment and induction process (Requirements 2.11 – 2.12) and followed up by the Chair if necessary. It may also be reflected in the Directors' Code of Conduct (Requirement 4.4).

Principle 2: People

Organisations shall recruit and engage people with diversity of background, thought, independence, skills and experience to take effective decisions that further the organisation's goals and best serve their communities, stakeholders and wider UK society.

Why is it important? ⚠

Diverse, skilled and experienced decision-making bodies which contain independent voices and engage in constructive and inclusive debate enable good decision-making and help create trust with stakeholders.

Diversity and inclusion

- 2.1 Each organisation shall publish clear ambitions to ensure its leadership represents and reflects the diversity of the local and/or national community (as appropriate). These ambitions shall be centred on each organisation committing to achieving greater diversity in all its forms on its Board and senior leadership team, as well as where possible cascading this ambition in line with Requirement 4.1.
- 2.2 Each organisation shall create a Diversity and Inclusion Action Plan which, among other things, shall:
 - a. identify actions needed to achieve, support and then maintain the ambitions laid out in 2.1, including how these will be reviewed;
 - b. demonstrate a strong and public commitment to promoting, embedding and advancing diversity and inclusion on the Board, senior leadership team and beyond;
 - c. be published on the organisation's website, with an annual update; and
 - d. be agreed with UK Sport and/or Sport England.
- 2.3 The Board shall maintain and regularly review the Diversity and Inclusion Action Plan (DIAP), on at least an annual basis.

Commentary

Requirement 2.1 (Setting and publishing ambitions)

The range of issues and stakeholders that organisations need to consider for their long-term success are better addressed when their leadership reflects the demographics and locations of the people they serve and aim to serve; and are able to draw on different perspectives in their decision-making. The value of drawing on different perspectives and voices in decision-making cannot be underestimated.

This Code requires organisations to be ambitious in achieving greater diversity in all its forms, not only on their Boards, but also on their Senior Leadership Teams, as well as the wider workforce and membership. Discussions around the organisation's ambitions should include and go beyond the nine protected characteristics in the Equality Act 2010*, including how to recruit, retain and develop people with different lived, regional and socio-economic experiences. Representation from a wider cross-section of society will encourage more people to believe that they belong, and can participate and engage fully and equally in sport and physical activity. Creating an environment where effective decisions are taken by welcoming, including and harnessing different perspectives is key to achieving these requirements.

**The nine protected characteristics of the Equality Act 2010 are sex, age, disability, gender reassignment, race, sexual orientation, religion or belief, marriage and civil partnership, and pregnancy and maternity.*

Ambitions for increasing diversity and inclusion should be informed by organisational data, priorities and individual contexts, while also taking into account wider sector and societal impact. The approach used to achieve these aims should be shaped by a commitment to recognise the importance of lived experience and the diversity of an individual's identity. This approach is based on the premise and understanding that a variety of factors can influence an individual's ability to participate in sport and aims to ensure everyone has a real chance to get involved in the activities of their choice.

When setting their ambitions, Boards should consider a range of factors and any legal obligations in this area. This includes but is not limited to gender, race and ethnicity, disability, LGBTQ+ and socio-economic and regional equality, thus reflecting the diversity of wider society. Organisations should also seek to recruit and retain individuals with diverse upbringings, education, wealth, social status and professional backgrounds. In each case, organisations should take action to identify and remove any barriers to representation and inclusion.

Sport England and UK Sport are committed to supporting partners to meet the Requirements in this area.

Succession plans should include, but are not limited to, a record of term end dates for each Board member; any key roles and responsibilities (e.g. Senior Independent Director, Welfare and Safety lead and Audit Chair); an agreed process and timeline for recruitment of new Directors linked to term end dates; an agreed process and timeline for onboarding and induction of new Directors, including provision for handover between incoming and departing Directors; and links to the skills and diversity needs of the Board to support consideration of these factors during recruitment.

It is for the organisation to determine which positions within senior management should be captured by the succession plan, but at the very least the plans should include the CEO (or equivalent) and any members of the Senior Leadership Team.

Senior leaders are employees and not subject to term limits like Board roles, therefore changes will be less predictable. When considering succession planning for senior leaders it is also important to be conscious of employment law rights and the organisation's own human resources policies and procedures (e.g. in relation to recruitment and talent development).

To mitigate the risk when a senior employee departs it is helpful to ensure key organisational information is shared rather than retained by a single individual.

Succession planning for senior management typically considers how a critical function would be covered if an individual leaves as well as identifying the potential and development needs of individuals already in the organisation.

Oversight of succession planning may be the responsibility of the HR function but the Board (in particular, the Nominations Committee) and CEO will generally need to be involved.

2.8 The Nominations Committee shall lead the process for Board appointments on behalf of the Board.

Commentary

Requirement 1.15 deals with the composition of the Nominations Committee, its terms of reference and reporting to the Board.

In leading the process for Board appointments, the Nominations Committee may want to consider the following:

- As well as referring to the Board skills matrix (Requirement 1.3) when preparing the role description and person specification for each Director role, it is helpful for documentation to outline the expected and realistic time commitment (recognising the need for availability in the event of crises)
- Being clear on whether the Nominations Committee has delegated authority from the Board to agree the candidate or whether it is reporting back to the Board to make the decision, noting that it would typically be the latter
- To help the Board make the best decision (in cases where it is agreed that the Board is making the final decision), it is important it has sufficient and timely information about the recommended candidate. The Chair of the Nominations Committee would ordinarily be responsible for ensuring this is the case
- If the candidate recommended by the Nominations Committee is rejected by the Board, the Board should be clear about its reasons and refer the matter back to the Nominations Committee. The Nominations Committee may either be able to recommend a suitable alternative candidate from the current process, or alternatively that the recruitment process be re-run.

When assembling the Nominations Committee, organisations should be careful to ensure that the skills and diversity of the Committee reflect the needs of the task at hand. Organisations should also consider whether additional training would support Nominations Committee and Interview Panel members to better fulfil their roles, including how to carry out an inclusive and non-biased recruitment process.

Induction of new Directors

2.11 On appointment, each Director shall be given a written statement of their responsibilities.

Commentary

Directors need a clear understanding of their collective and individual responsibilities in order to perform effectively. It will be for an organisation to determine the form of this statement but it may include reference to:

- the responsibilities set out in the Board's terms of reference
- the legal duties placed on Directors by legislation, including the requirement they act in the best interests of the organisation as a whole (rather than a particular group or constituency)
- their duty to support and uphold the principles of the Board's commitment to areas such as equality, diversity, and inclusion and welfare and safety
- expectations about conduct (in line with the Directors' Code of Conduct at Requirement 4.4); and
- any responsibilities specific to their particular role on the Board (e.g. Senior Independent Director; Board lead for safety and welfare (Requirement 4.7).

It is good practice to review the statements periodically to ensure they remain up to date. UK Sport and/or Sport England can provide guidance and examples for the content of these statements.

Sharing the written statement of responsibilities also provides a great opportunity for new Directors to be presented with and asked to sign the Directors' Code of Conduct (Requirement 4.4).

2.12 Each organisation shall ensure that new Directors receive a full, formal and tailored induction on joining the Board.

Commentary

All Directors should receive an induction on joining the Board. The objective of an induction process is to ensure all new Directors have the information they need to become as effective as possible, as soon as possible. A good induction process should help build an understanding of the organisation and its main relationships and establish links with the key people within the organisation. The induction may be tailored in recognition of the different needs, skills and experience of each Director but there is likely to be a baseline of common information shared with all. Organisations may also find it helpful to think about using different methods for the induction process (e.g. one-to-one and online meetings, attendance at events, information packs, and visits) and to consider the specific training needs of the new Director. Topics that may be covered in an induction include the following:

- The role of a Board and the duties of a Director (in line with the written statement of responsibilities at Requirement 2.11 and the mandatory Code of Conduct at Requirement 4.4)
- The organisation's history and structure
- The organisation's values, principles and culture
- The organisation's governing documents (e.g. articles, schedule of reserved matters, Board and Committee terms of reference, recent Board and general meeting minutes), strategic plan, financial information, Diversity and Inclusion Action Plan, and significant issues
- The organisation's key stakeholders (it may be appropriate to facilitate meetings with such stakeholders, e.g. staff, athletes' or members' representatives, investors etc.)
- Key organisational policies, including those related to welfare and safety, integrity and equality, diversity and inclusion
- This Code
- Training on specific issues such as safeguarding (children/adults) and equality, diversity and inclusion.

