



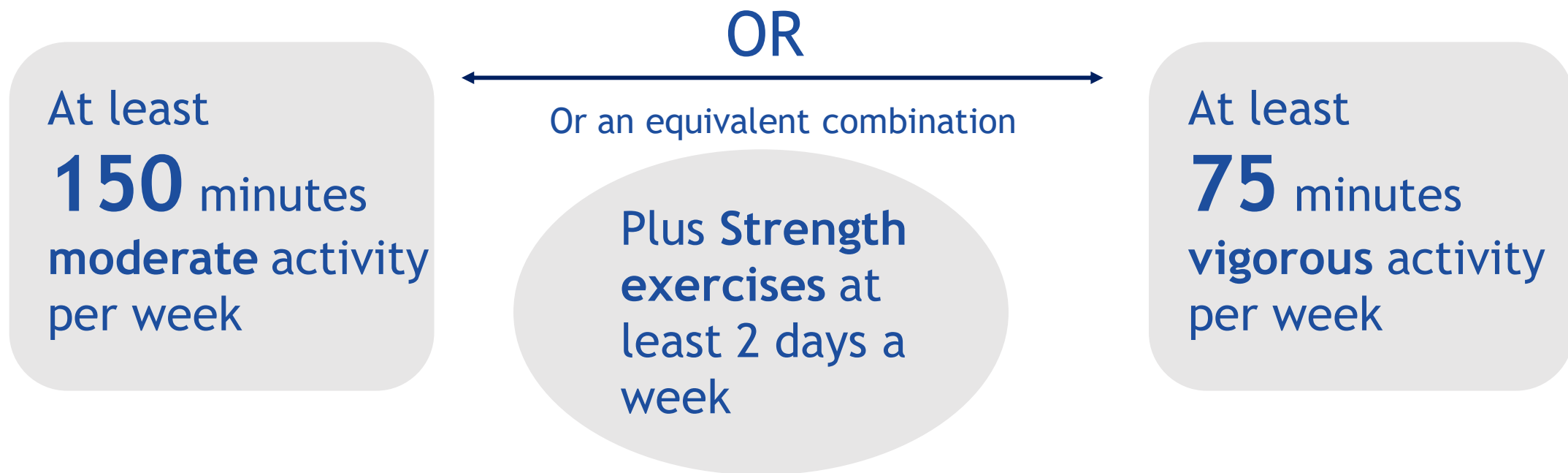
# Sport England Active Lives survey

Lancashire Picture May 19/20



# Physical Activity guidelines for adults

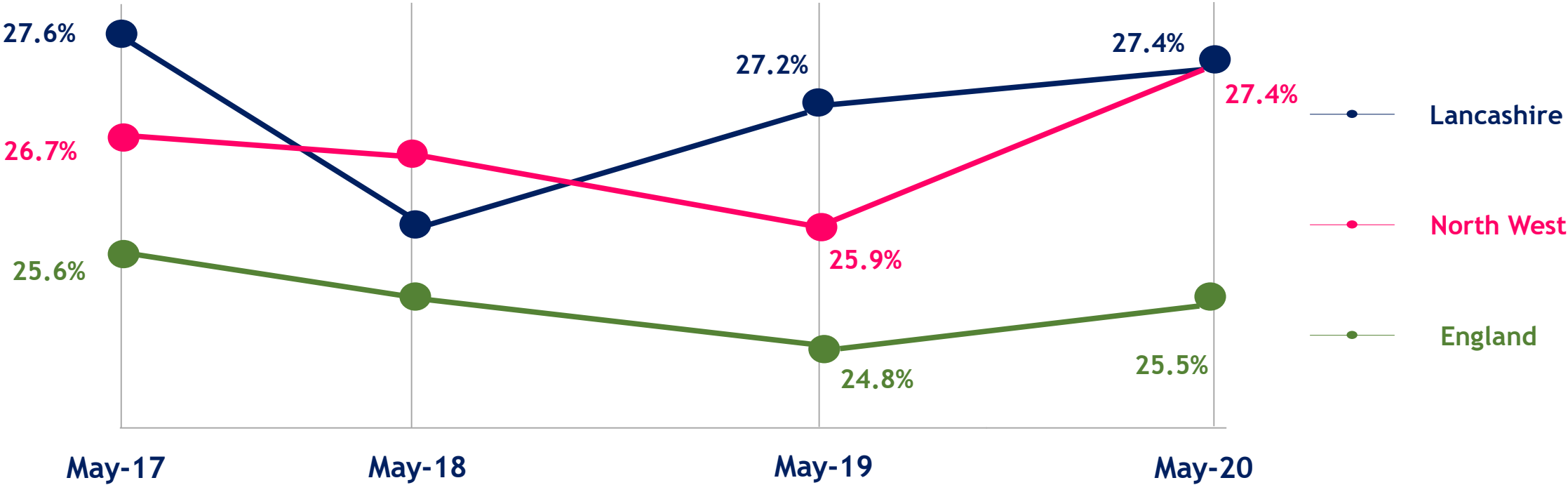
The UK Chief Medical Officer guidelines suggest:



# Active lives survey May-20



Inactivity levels in Lancashire CSP are higher compared to England and North West and are increasing.



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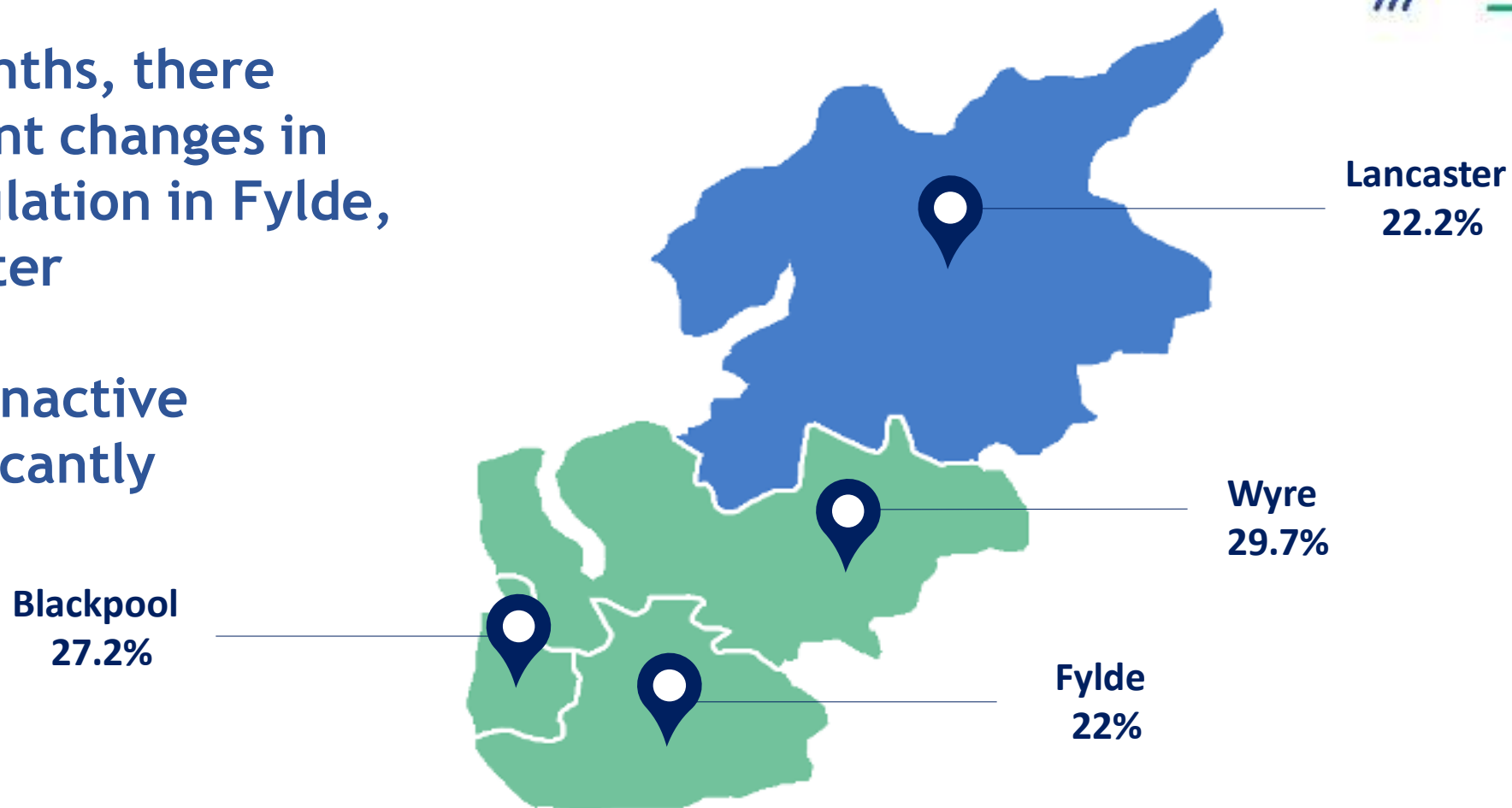


# Coastal & Lancaster



In the last 12 months, there were no significant changes in the inactive population in Fylde, Wyre and Lancaster

In Blackpool the inactive population significantly decreased by 9%.



# Pennine

There were no significant changes in most areas except BwD. Inactivity levels increased from 24.1% to 33.9% while activity levels decreased by 8.2%



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# Central & West Lancashire



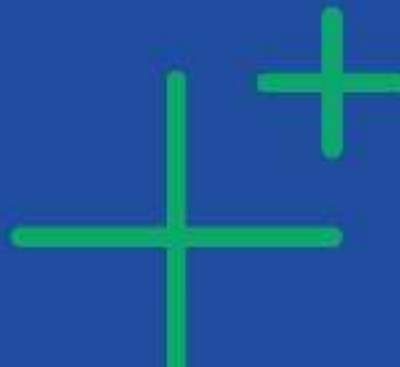
There were no significant differences in the Central & West Lancashire area in the last 12 months except Chorley.

Inactivity levels in Chorley increased by 7.9%





# Lancashire

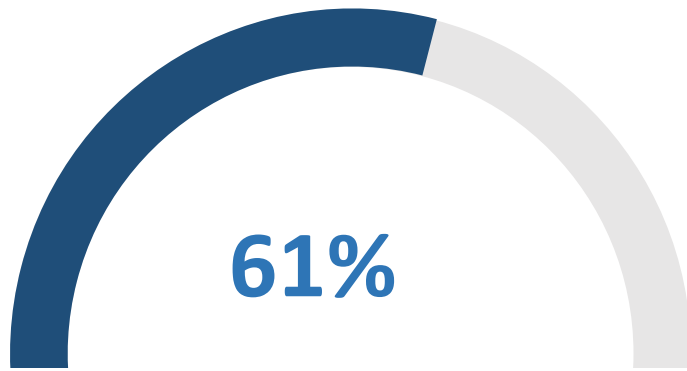




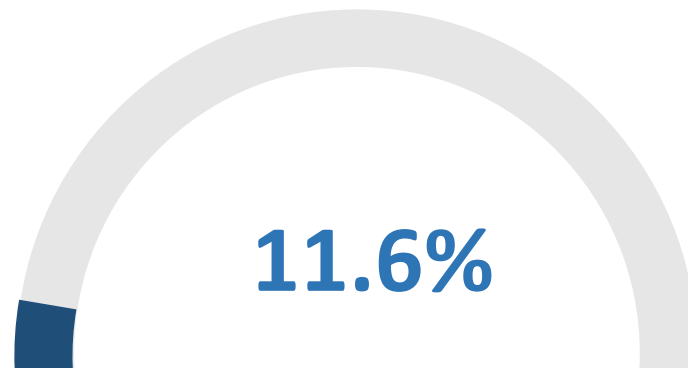
# Lancashire



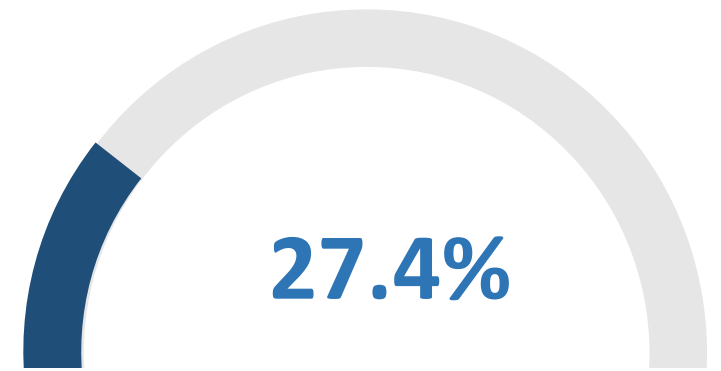
There was no significant changes in the last 12 months



ACTIVE



FAIRLY ACTIVE



INACTIVE



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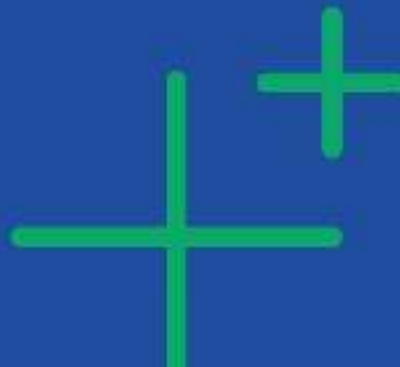
[activelancashire.org.uk](https://www.activelancashire.org.uk)







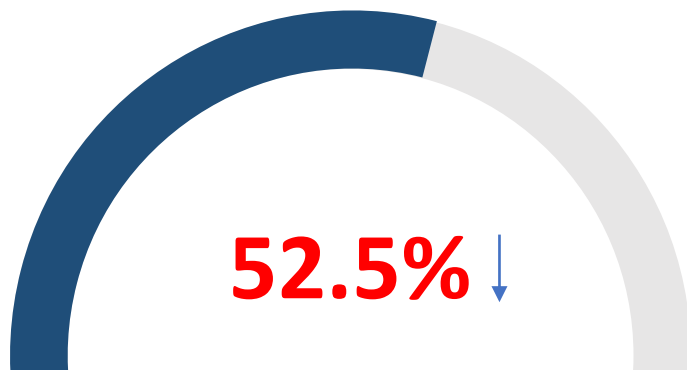
# Local Authorities



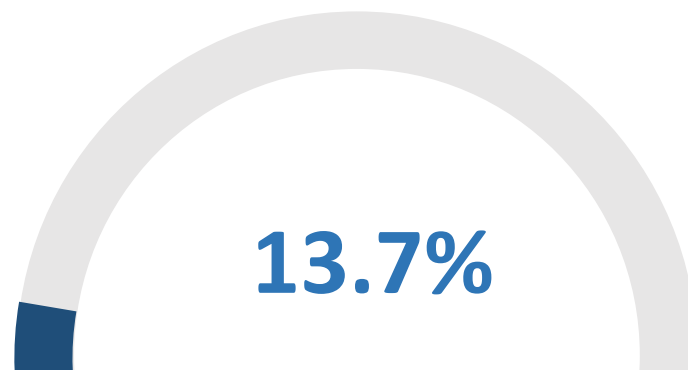
# Blackburn with Darwen



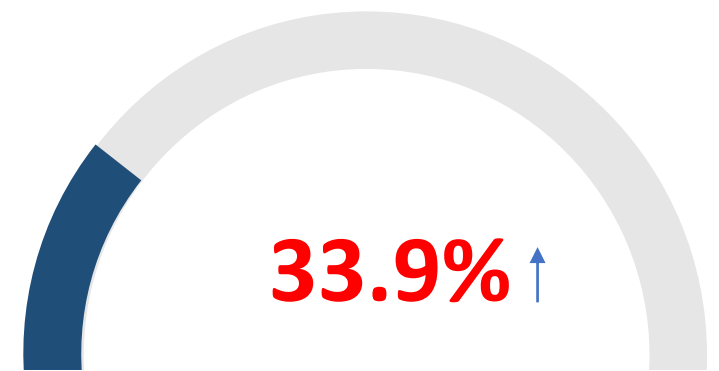
There was a significant increase in the inactive population and a significant decrease in the active population during the last 12 months



ACTIVE



FAIRLY ACTIVE



INACTIVE



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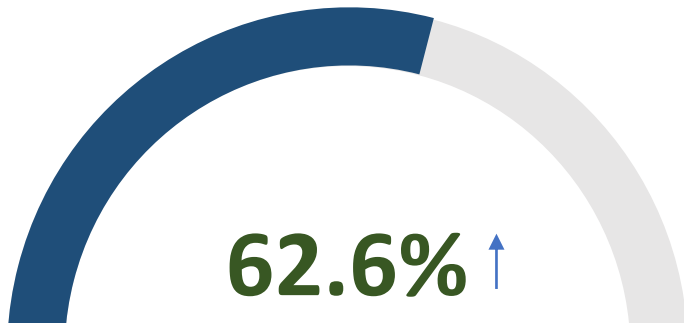
[activelancashire.org.uk](https://www.activelancashire.org.uk)



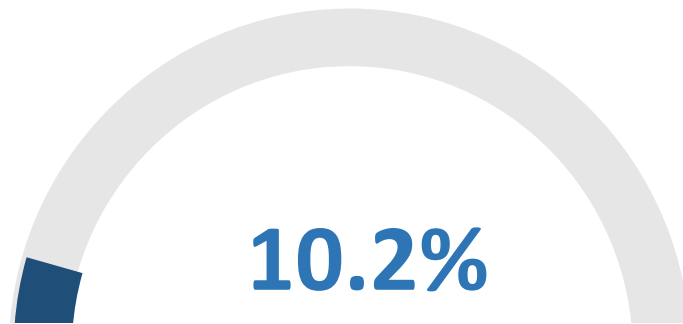
# Blackpool



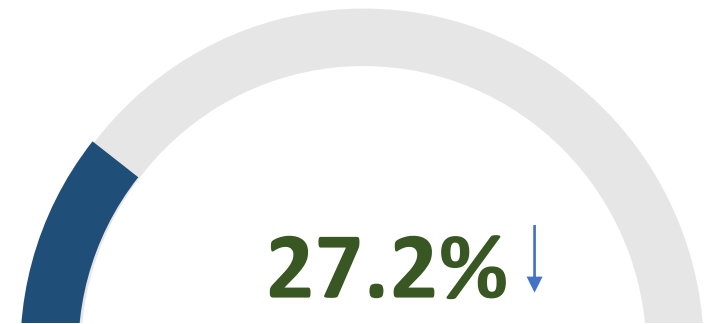
There were positive changes in the activity levels during the last 12 months in both the inactive and active population



ACTIVE



FAIRLY ACTIVE

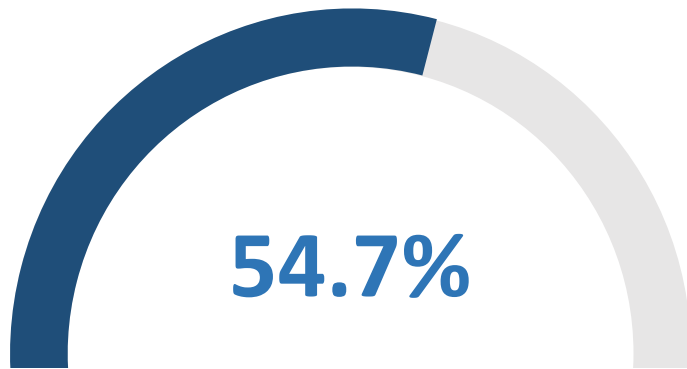


INACTIVE

# Burnley

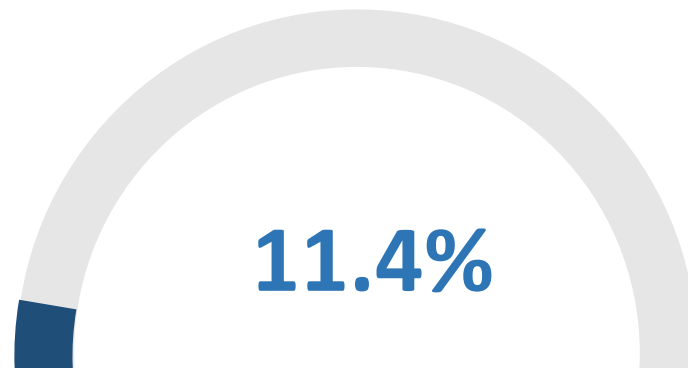


There were no changes in the activity levels during the last 12 months



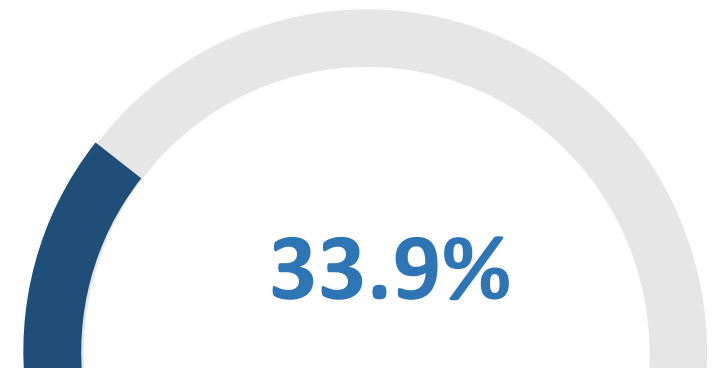
54.7%

ACTIVE



11.4%

FAIRLY ACTIVE



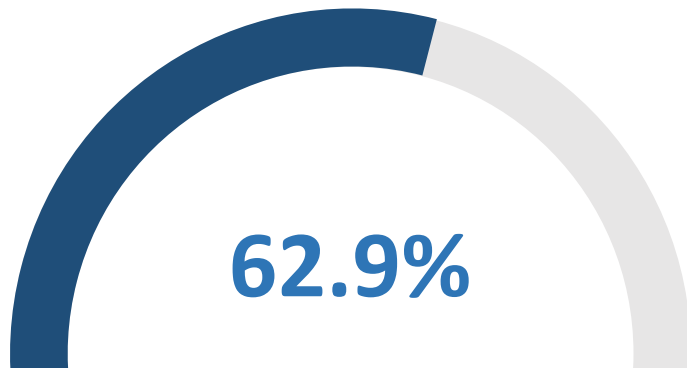
33.9%

INACTIVE

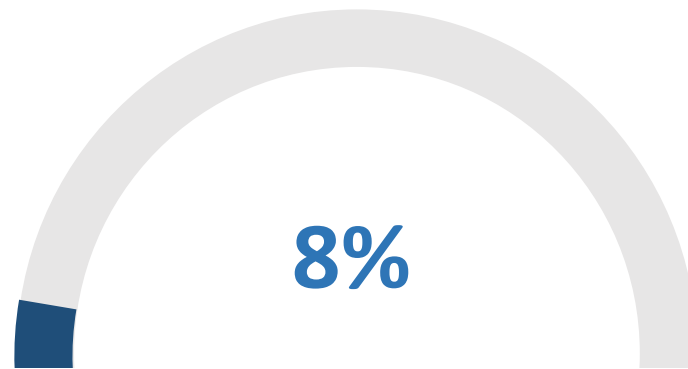
# Chorley



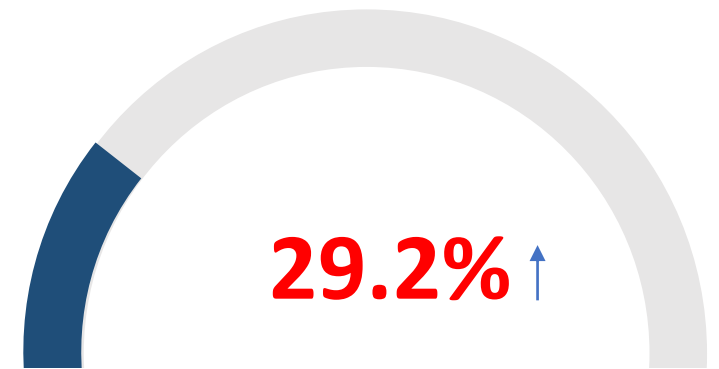
There was a significant increase in the inactivity levels during the last 12 months



ACTIVE



FAIRLY ACTIVE

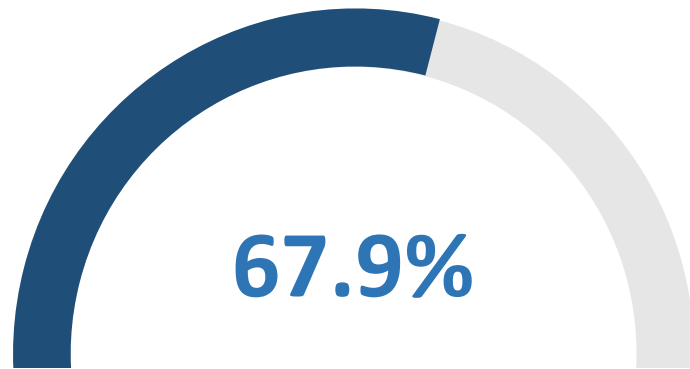


INACTIVE

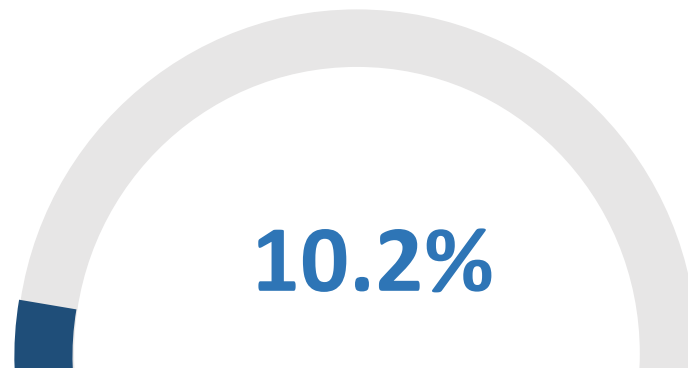
# Fylde



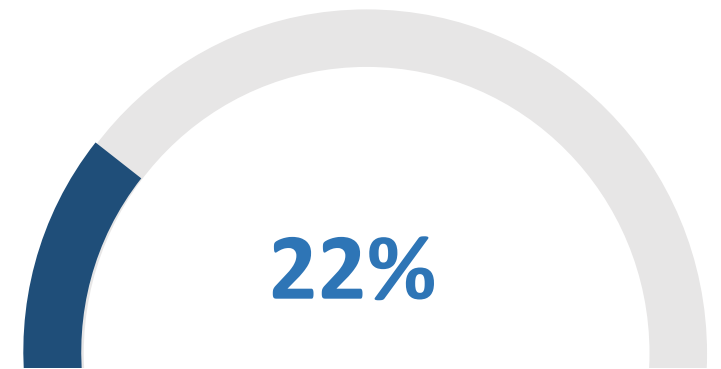
There were no changes in the activity levels during the last 12 months



**ACTIVE**



**FAIRLY ACTIVE**

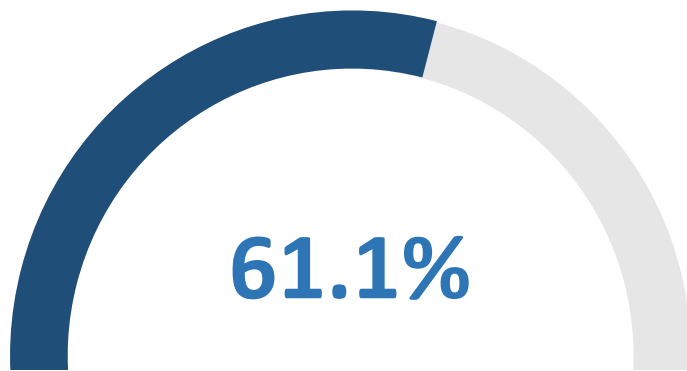


**INACTIVE**

# Hyndburn

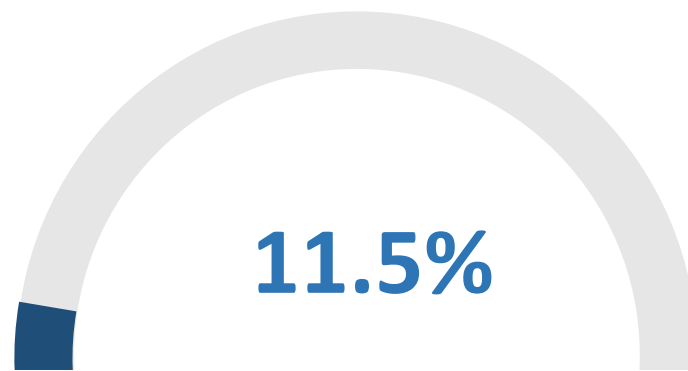


There were no changes in the activity levels during the last 12 months



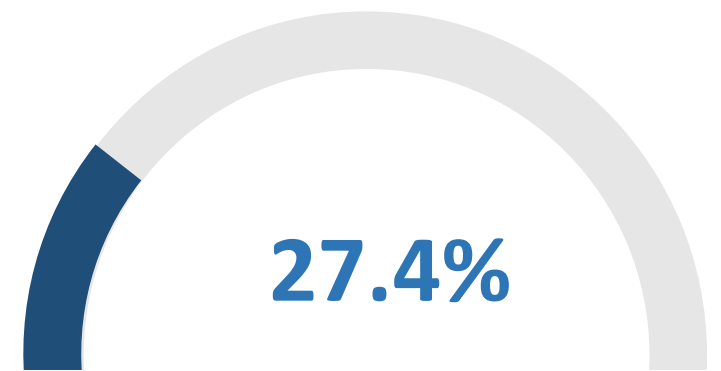
61.1%

ACTIVE



11.5%

FAIRLY ACTIVE



27.4%

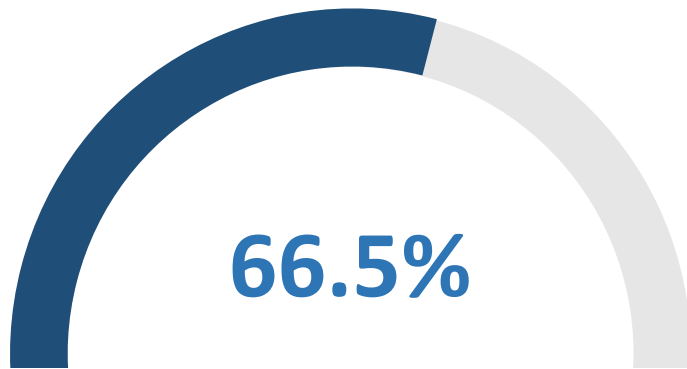
INACTIVE



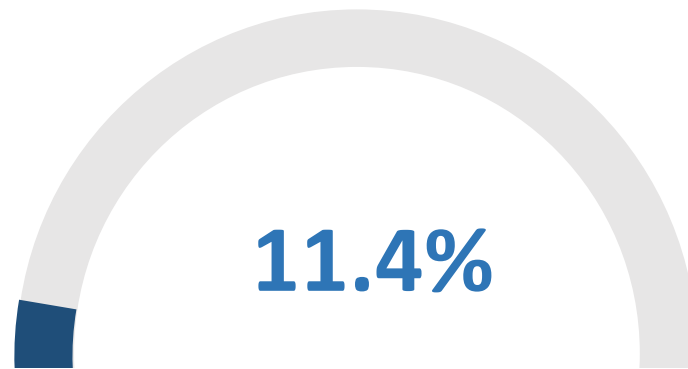
# Lancaster



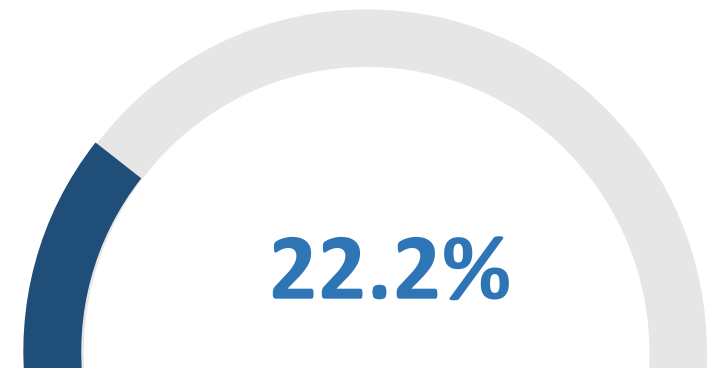
There were no changes in the activity levels during the last 12 months



ACTIVE



FAIRLY ACTIVE



INACTIVE



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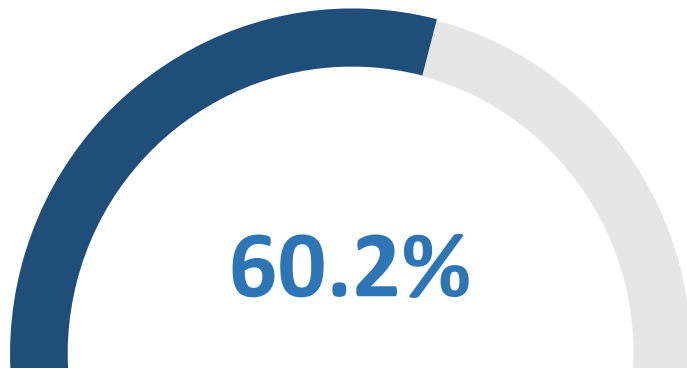
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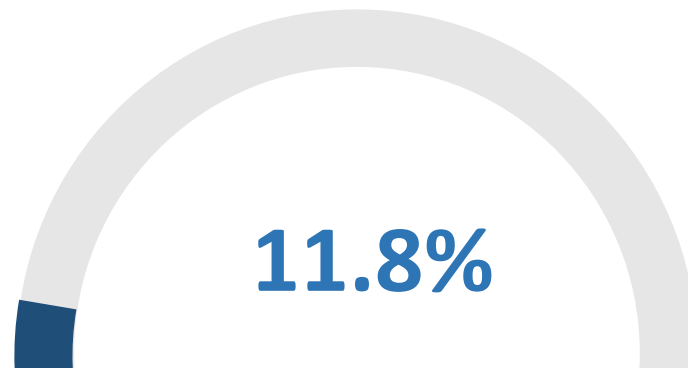
# Pendle



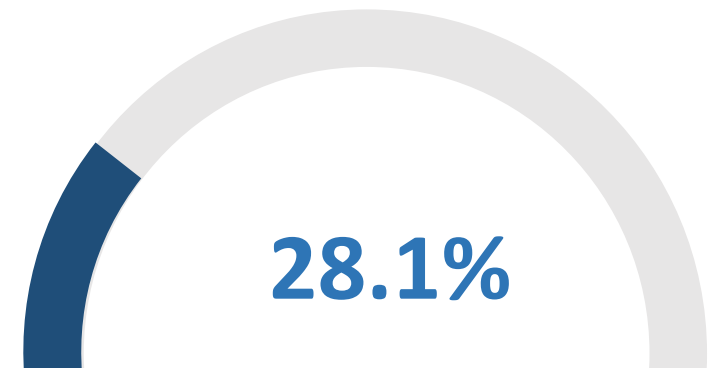
There were no changes in the activity levels during the last 12 months



ACTIVE



FAIRLY ACTIVE

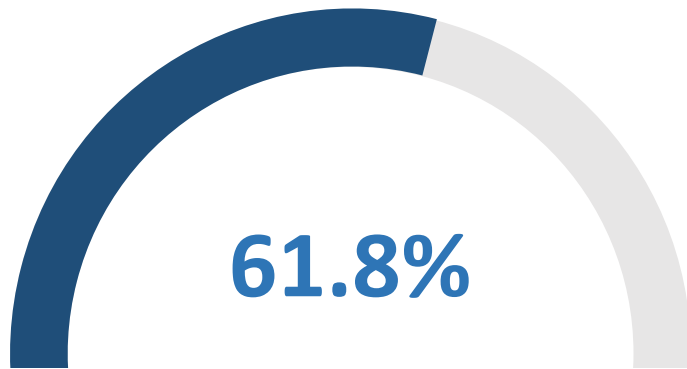


INACTIVE

# Preston

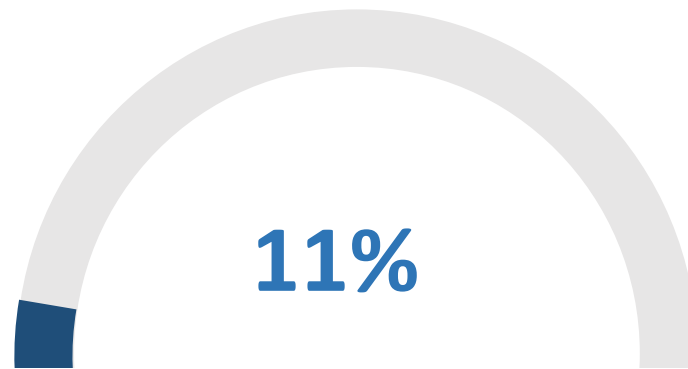


There were no changes in the activity levels during the last 12 months



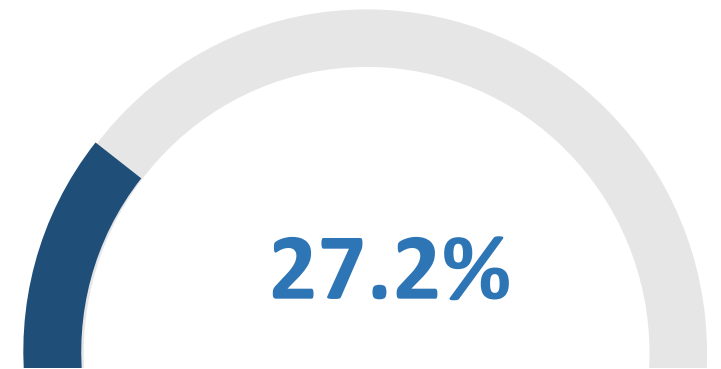
61.8%

ACTIVE



11%

FAIRLY ACTIVE



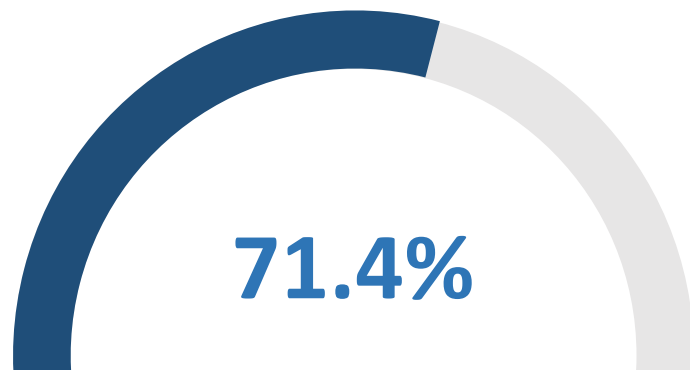
27.2%

INACTIVE

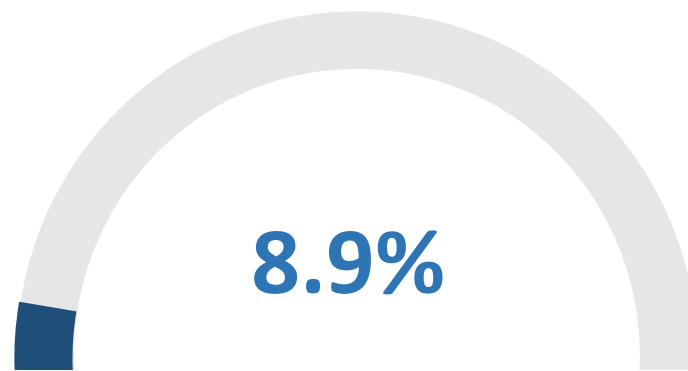
# Ribble Valley



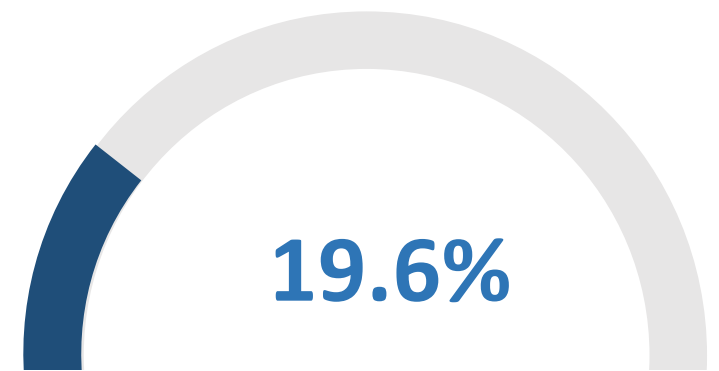
There were no changes in the activity levels during the last 12 months



ACTIVE



FAIRLY ACTIVE

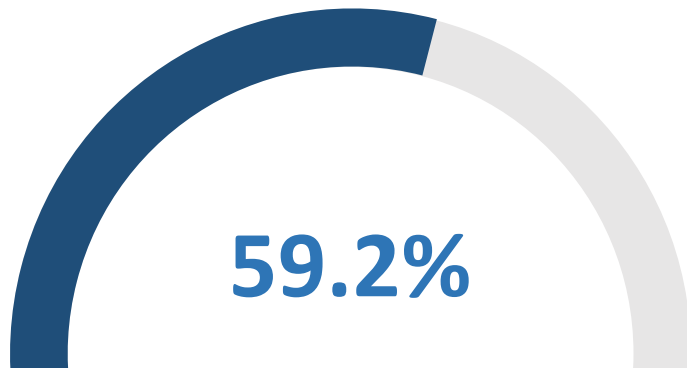


INACTIVE

# Rossendale

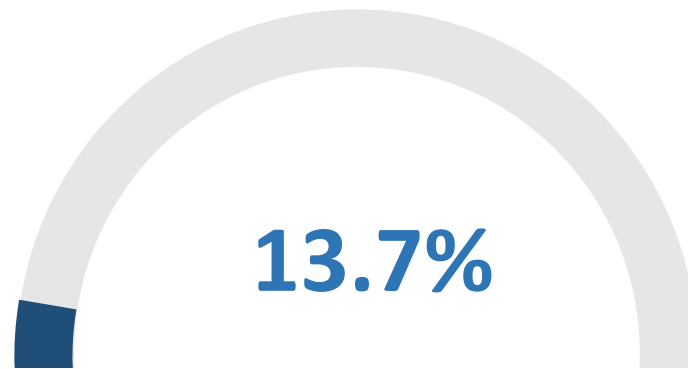


There were no changes in the activity levels during the last 12 months



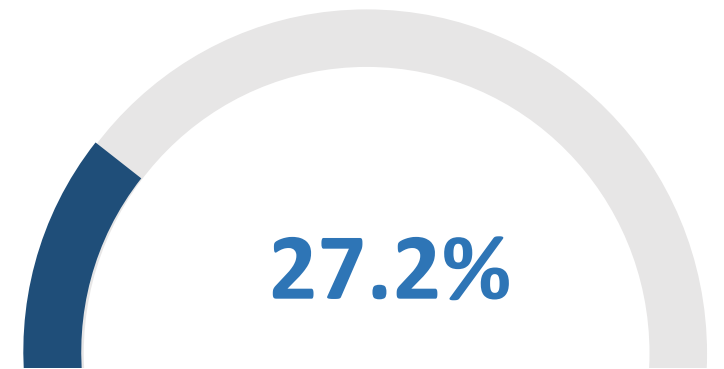
59.2%

ACTIVE



13.7%

FAIRLY ACTIVE



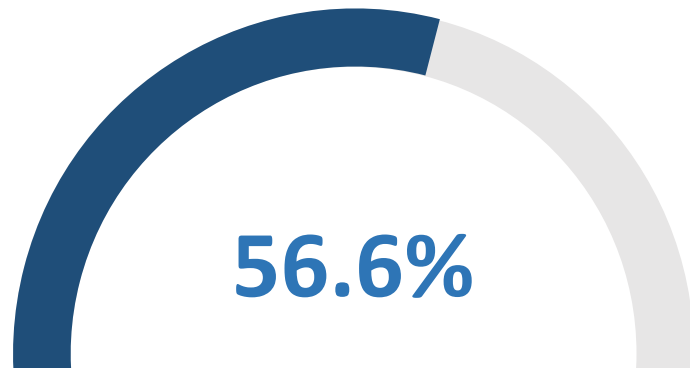
27.2%

INACTIVE

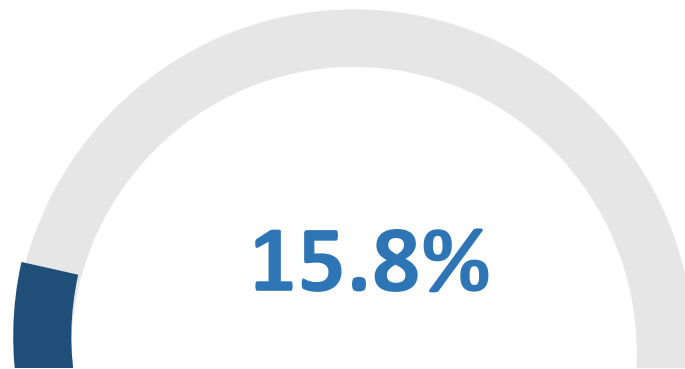
# South Ribble



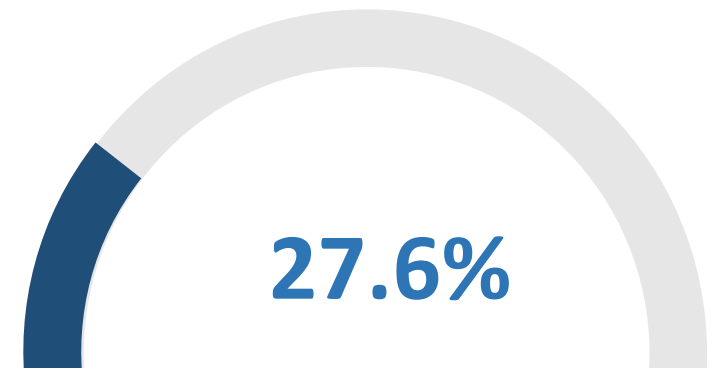
There were no changes in the activity levels during the last 12 months



ACTIVE



FAIRLY ACTIVE

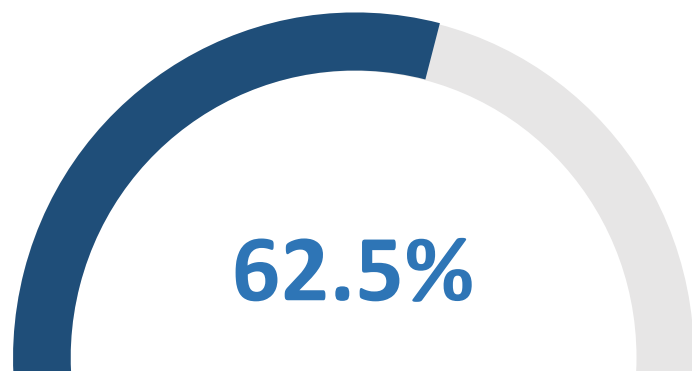


INACTIVE

# West Lancashire

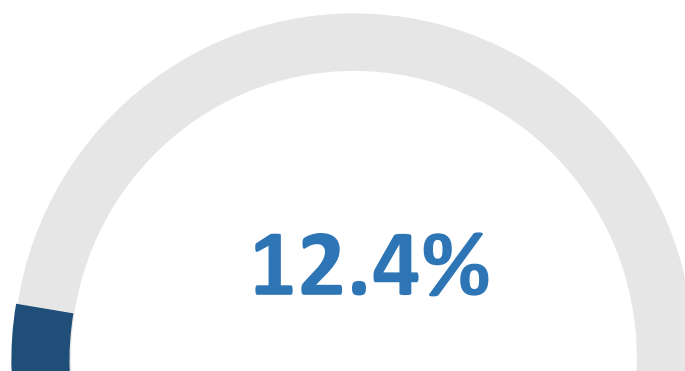


There were no changes in the activity levels during the last 12 months



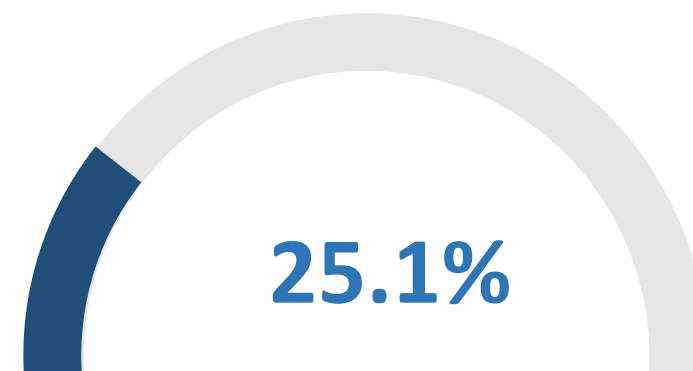
62.5%

ACTIVE



12.4%

FAIRLY ACTIVE



25.1%

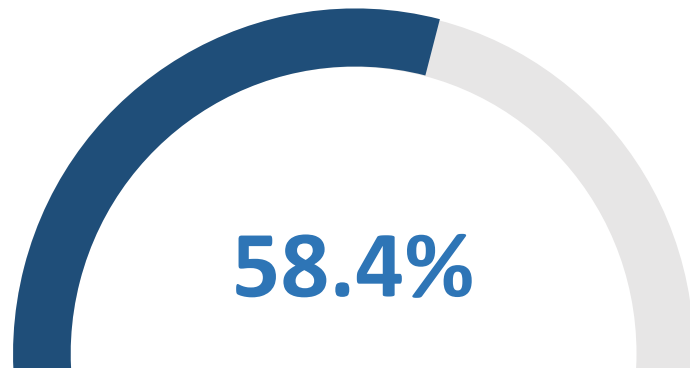
INACTIVE



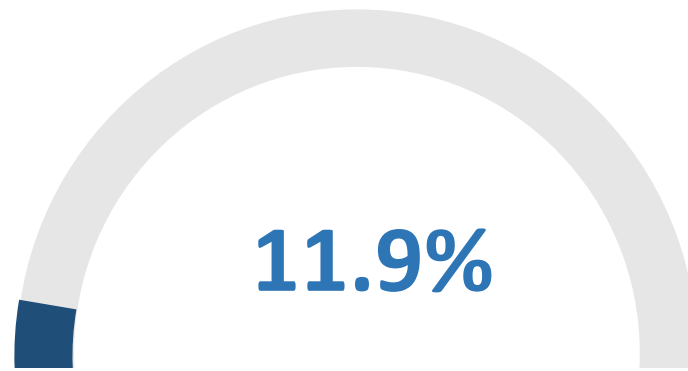
# Wyre



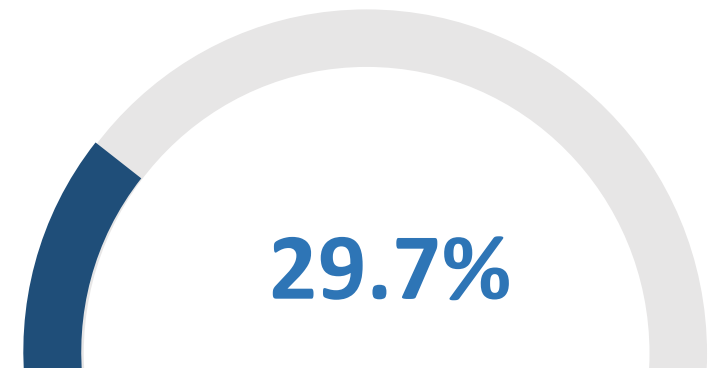
There were no changes in the activity levels during the last 12 months



ACTIVE



FAIRLY ACTIVE



INACTIVE