#### BLACKBURN WITH DAKWEN

#### Place Overview



Demographics

Population Estimate (2021)

CYP (0 - 19) 43,804

Adults 88,535

65+ 22,400

Total 154,739

Deprivation Ranking (2019)

14th

Most deprived area out of 317 local authorities

Proportion of LSOAs in most deprived 10% nationally (2019)

36%

List of LSOAs in most deprived 10% nationally (2019)

Audley & Queen's

Park

Bastwell & Daisyfield Blackburn Central Blackburn South East Darwen East\*

**Economic** status

People in Employment (Jan - Dec 2023)

67.6%

Out of Work Benefit Claimants (Nomis 2024)

5.8%

Job Density (2022)

0.81

\*Jobs density is defined as the number of jobs in an area divided by the resident population aged 16-64 in that area. For example, a jobs density of 1.0 would mean that there is one job for every resident aged 16-64

Commuting <5KM and not using Active Travel (2021)

46.5%

\*In BwD there are 9 wards in the 10% most deprived areas

Crime

All crime (April 2023 - March 2024)

92.3

(Rate per 1,000 population)

Anti-Social Behaviour (April 2023 - March 2024)

34.5

(Rate per 1,000 population)

Volunteering

Any Volunteering in the Last 12 Months (Nov 21/22)

Whole Population 18.9% Male 21.9%

Female 16.2%

1

# BLACKBURN WITH DAKWEN

#### Adults



# Excess Weight

% of adults (aged 18+) classified as overweight or obese (2022/23)

60.9%

Physical Activity Level in Adults

Whole Population (16+) (Nov 22/23)

Inactive: Less than

30 minutes per week 31.4% Active: At least 150

Fairly Active: 30-149 10.4%

minutes per week

minutes per week

58.3%

# Gender

Active: at least 150 minutes a week -Gender (Nov 2021/22)

Male

57.5%

Female

# Disability

Physical activity levels in adults - Inactive: less than 30 minutes a week (Long-term health condition or disability) (Nov 2021/22)

Disability or long term health condition

No disability or long term health condition

57.5%

50.7%

% of people who have disabilities limiting daily activities (age standardised) (2021).

20.8%

# BLACKBURN WITH DAKWEN

#### Adults



# Physical Activity by Age

Active: at least 150 minutes a week
(age) (2021/22)
Aged 16-34
Aged 35-54
Aged 55-74
62.3%

Inactive: less than 30 minutes a week
(age) (Nov 2021/22)
Aged 16-34
Aged 35-54
Aged 35-54
Aged 55-74
Aged 75+
56.7%

Physical Activity by Socio-economic Status

Active: at least 150 minutes a week (2021/22)

NS SEC 1-2 (higher) 63.9%

NS SEC 3-5 (middle) 58.1%

NS SEC 6-8 (lower) 46.7%

Inactive: Less than 30 minutes per week (2021/22)

NS SEC 1-2 (higher) 24.4%

NS SEC 3-5 (middle) 35.6%

NS SEC 6-8 (lower) 46.5%

# Mortality

Under 75 mortality rate from all cardiovascular diseases (2022)

122.2

Directly standardised rate per 100,000

# ELACKBURN WITH DAKWEN Children & Young People



# Not in Education, Employment or Training (NEET)

4.4%

Physical Activity Level in Children

Physical Activity levels in children and young people (ages 5 -16) (2022/23)

Less active: less than an average of 30 minutes a day

Fairly active: an average of 30-59 minutes a day

Active: an average of 60+ minutes a day

37.5%

19.5%

43.0%

### Gender

Physical "Less Active" levels in Children and Young People split by Gender (ages 5-16) (2022/23)

Male

34.8%

Female

42.9%

Excess Weight Proportion of children with excess weight, Reception year (aged 4 - 5 years) (2022/23)

21.5%

Proportion of children with excess weight, Year 6 (aged 10 - 11 years) (2022/23)

39.5%



# = CONTACT US =

Insight@activelancashire.org.uk | 07465 759 911 ActiveLancashire.org.uk