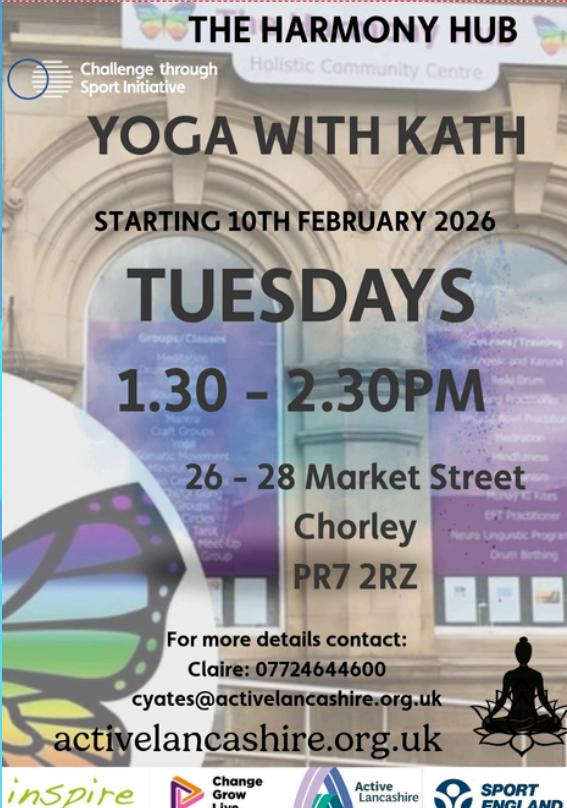


CENTRAL LANCASHIRE TIMETABLE FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walk & Talk 11am - 12noon Haslam Park, Blackpool Road, Preston PR2 1JE (Meet at park gates)	Walk & Talk 11am - 12noon Moor Park, Preston PR1 6AU (Meet at Rosemary on the Park Café)	Boxing Fitness 11am - 12 Noon Soccer City, Parker Street Ashton-on-Ribble PR2 2AH	Walk & Talk 11am - 12noon Avenham Park, South Meadow Lane, Preston PR1 8JP (Meet at the café in centre of park)	Football Session 12noon - 1.30pm Padel Republic Brookfield Street Preston PR1 1NR
Boxing Fitness 1pm - 2pm Daves Gym Business Centre, Unit 2 Yarrow Rd Chorley, PR6 0LP	Yoga With Kath (Starts 10th February) 1.30pm - 2.30pm The Harmony Hub 26-28 Market Street Chorley PR7 2RZ	Padel Ball 1pm - 2pm Padel Republic Brookfield Street Preston PR1 1NR	Yoga 12.30pm - 1.30pm Foxton Centre Off Knowsley Street, Avenham Lane, Preston PR1 3SA	
 <p>THE HARMONY HUB Holistic Community Centre</p> <p>YOGA WITH KATH</p> <p>STARTING 10TH FEBRUARY 2026</p> <p>TUESDAYS</p> <p>1.30 - 2.30PM</p> <p>26 - 28 Market Street Chorley PR7 2RZ</p> <p>For more details contact: Claire: 07724644600 cyates@activelancashire.org.uk</p> <p>active lancashire.org.uk</p> <p>inspire   </p>		Gym and Circuits 1.30pm - 2.30pm Live Health and Fitness Friday Street, Chorley PR6 0AA	Badminton 7pm - 8pm West View Leisure Centre Ribbleton Lane, Preston PR1 5EP	

For more details contact:

Claire Yates :

Tel: 07724644600

Email: cyates@activelancashire.org.uk

Paul Swarbrick:

Tel: 07944795285

Email: pswarbrick@activelancashire.org.uk

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FOR MORE INFO VISIT: activelancashire.org.uk