



CENTRAL LANCASHIRE TIMETABLE AUGUST 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walk & Talk 11am - 12noon Haslam Park, Blackpool Road, Preston PR2 1JE (Meet at park gates)	Walk & Talk 11 am - 12 noon Moor Park, Preston PR1 6AU	Walk & Talk 11am - 12 noon Worden Park, Worden Lane Leyland PR25 3BD	Walk & Talk 11am - 12 noon Avenham Park, South Meadow Lane, Preston PR1 8JP	Walk & Talk 10 - 11am Adlington Library, Railway Road, Chorley PR6 9RG
	Walk, Talk, Foraging (WTF) Tuesdays 1pm - 2.30pm Skelmersdale Ecumenical Centre (The Eccy), Northway, Birch Green, Skelmersdale WN8 6PN	Docks Walk & Talk 1pm - 2pm Riversway Preston Meet dockside at the Ribble Pilot		Football Session 12noon - 1.30pm Soccer City, Parker Street, Ashton-on- Ribble PR2 2AH
		Gym and Circuits 1.30pm Live Health and Fitness Friday Street, Chorley PR6 0AA		

For further details contact:

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