

CENTRAL LANCASHIRE TIMETABLE MARCH 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Boxing Fitness 1pm - 2pm Daves Gym Business Centre, Unit 2 Yarrow Rd Chorley, PR6 0LP</p>	<p>Walk & Talk 11am - 12noon Moor Park, Preston PR1 6AU (Meet at Rosemary on the Park Café)</p>	<p>Padel Ball 1pm - 2pm Padel Republic Brookfield Street Preston PR1 1NR</p>	<p>Walk & Talk 11am - 12noon Avenham Park, South Meadow Lane, Preston PR1 8JP (Meet at the café in centre of park)</p>	<p>Football Session 12noon - 1.30pm Padel Republic Brookfield Street Preston PR1 1NR</p>
	<p>Yoga With Kath For Men and Women 1.30pm - 2.30pm The Harmony Hub 26-28 Market Street Chorley PR7 2RZ</p>	<p>Gym and Circuits 1.30pm - 2.30pm Live Health and Fitness Friday Street, Chorley PR6 0AA</p>	<p>Yoga 12.30pm - 1.30pm Foxton Centre Off Knowsley Street, Avenham Lane, Preston PR1 3SA</p>	
	<p>Boxing and Fitness 2.30pm - 3.30pm Soccer City (Unit at the back) Parker Street, Preston, Ashton-on-Ribble PR2 2AH</p>		<p>Badminton 7pm - 8pm West View Leisure Centre Ribbleton Lane, Preston PR1 5EP</p>	

For more details contact:

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