



EAST LANCASHIRE TIMETABLE OCTOBER 2025

MONDAY

Don't Fret- Guitar Sessions with Agron (Advanced)

1pm-2pm, Pendle YES Hub, Scotland Road, Nelson BB9 7UU



Box Champions, Non-Contact Mentoring

12pm - 1pm Pendle Yes Hub, Scotland Road, Nelson BB9 7UU 16 to 24 yrs only

TUESDAY

Free Boxercise & Wellbeing

2pm - 3 pm The Fighting Fitness Academy Love Boxing, Unit 3a Myrtle Grove, Lench Rd, Rossendale, BB47JH

Contact Oliver: 07562630299 or Geraldine: 07465755471 for more information.

Pickleball, Badminton and Football

4pm - 6 pm Leisure Box Glen Way, **Brierfield BB9 5NH**

For further information contact Dave Bayliff: 07728213041 or Dave Marshall:07859739635

Pendle YES Hub:

For further information please

contact

Dave Marshall: 07859739635

WEDNESDAY

Games Room(Table Tennis, Pool & Gaming)

2 - 3 pm Pendle Yes Hub Scotland Road, Nelson BB9 7UU 16 to 24 yrs only

Art With Taz

12pm - 1pm Pendle YES Hub, Scotland Rd, Nelson, BB9 7UU 16 to 24 yrs only

Kickboxing

1 - 2pm Dragons Kickboxing Club, Mill, Unit 4 Thorney Bank Street, Nelson Square, Burnley BB11 1LA

For further information contact Dave Bayliff: 07728213041

Walk Wednesdays

1pm-2pm, Meet at Pendle Yes Hub. Scotland Rd. Nelson, BB9 7UU 16 to 24 yrs only

Football Works 5 -aside

1pm - 2pm Marl Pitts. Newchurch Road, Rawtenstall BB4 7SN

Contact Oliver: 07562630299 or Geraldine: 07465755471 for more information.

Football

3pm - 5 pm Accrington Stanley Hub, Higham Playing Fields, Thorneyholme Road, Accrington BB5 6BD

contact Dave Bayliff: 07728213041

THURSDAY

Free Breakfast Club

12pm-1pm Trinity Hub, Bankhouse Lane Bacup OL13 OAL

Contact Oliver: 07562630299 or Geraldine: 07465755471 for more information.

Gym Session

2pm - 3pm Pendle Wavelengths, BB9 9TD

16-24 yrs only

Bacup Football Club Work Party

1pm-3pm Brian Boys Stadium, Cowtoot Lane, Blackthorn Lane, Bacup. OL13 8EE

Contact Oliver: 07562630299 or Geraldine: 07465755471 for more information.

FRIDAY

Don't Fret- Guitar Sessions with Aaron (Beginners)

1:30pm- 2:30pm, Pendle YES Hub, Scotland Road, Nelson BB9 7UU 16 to 24 yrs only



Kickboxing, Boxing and Wellbeing

2pm-3pm Unit 17 Victoria Mill, Victoria Street. Accrington. BB5 OPG

Contact Danny: 07465759891 for more information

Female Only- Box **Champions Non Contact** Mentoring

2pm - 3pm Pendle YES Hub, Scotland Road, Nelson BB9 7UU





Activity for 16 - 24 year olds only

For further information

FOR MORE INFO VISIT: activelancashire.org.uk









