

EAST LANCASHIRE TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Box Champions, Non-Contact Mentoring 2pm - 3pm Pendle Yes Hub, Scotland Road, Nelson BB9 7UU  16 to 24 yrs only</p>	<p>180 Crossfit (Men Only) 9:30am- 10.30am Z3 Training Club Unit 3 Hargher Clough Works, Hargher Street, Burnley BB11 4EG</p>	<p>Games Room (Table Tennis, Pool & Gaming) 2 - 3 pm Pendle Yes Hub Scotland Road, Nelson BB9 7UU  16 to 24 yrs only</p>	<p>180 Crossfit (Men Only) 9:30am- 10.30am Z3 Training Club Unit 3 Hargher Clough Works, Hargher Street, Burnley BB11 4EG</p>	<p>Active Lancashire Drop-In With Inspire ETE Team 10am - 12noon Inspire Burnley, Burnley House, 37-41 Westgate, Burnley BB11 1RY Contact Danny: 07465759891 for more information</p>
<p>Don't Fret- Guitar Sessions with Aaron (Beginners) 1pm - 2pm Pendle YES Hub, Scotland Road, Nelson BB9 7UU  16 to 24 yrs only</p>	<p>!BY REFERRAL ONLY! Contact Danny: 07465759891 for more information</p>	<p>Active Lancashire Drop-In With Inspire ETE Team 10am - 12noon Inspire Accrington, 33 Eagle Street, Accrington BB5 1LN Contact Danny: 07465759891 for more information</p>	<p>!BY REFERRAL ONLY! Contact Danny: 07465759891 for more information</p>	<p>Guitar Jam Session 1.30pm - 2.30pm Pendle YES Hub, Scotland Road, Nelson BB9 7UU  16 to 24 yrs only</p>
<p></p>	<p>Advice and Guidance Drop in Laptops, Table Tennis, Learning Zone.. 12.30pm - 1.30pm Newchurch Methodist Church, Turnpike, Rossendale BB4 9DU Contact Ange: 07312160477 or Geraldine: 07465755471 for more information</p>	<p>Walk Wednesdays 1pm- 2pm, Meet at Pendle YES Hub, Scotland Rd, Nelson, BB9 7UU  16 to 24 yrs only</p>	<p>Active Lancashire Drop-In With Inspire ETE Team 10am -12noon Inspire Pendle, Grassroots Centre St. Philips, Leeds Road, Nelson BB9 9XB Contact Danny: 07465759891 for more information</p>	<p>Kickboxing, Boxing and Wellbeing 2pm- 3pm Unit 17 Victoria Mill, Victoria Street. Accrington. BB5 0PG Contact Danny: 07465759891 for more information</p>
<p>Pendle YES Hub: For further information please contact Dave Marshall: 07859739635 or Mehvish Ashraf: 07465759858</p>	<p>Free Boxercise & Wellbeing 2pm - 3 pm NGB Boxing Club Union Mill, Rawtenstall BB4 7JN Contact Oliver: 07562630299 for more information.</p>	<p>Football Works 5 -aside 1pm - 2pm Marl Pitts, Newchurch Road, Rawtenstall BB4 7SN Contact Oliver: 07562630299 or Jake:07728275011 for more information.</p>	<p>Built & Blessed- Pilates, Toning, Core & Fitness 11.15am - 12.15pm St Annes Church, Ashworth Road, Waterfoot BB4 9JE Contact Ange : 07312160477 for more details</p>	<p>Bat and Chat 2pm - 3:30pm Vanguard Community Centre 65 Bevington Close BB11 4SD Contact Danny: 07465759891 for more information</p>
<p> Activity for 16 - 24 year olds only</p>	<p>Pickleball, Badminton and Football 4pm - 5 pm Leisure Box Glen Way, Brierfield BB9 5NH Contact Danny: 07465759891 or Dave Marshall: 07859739635 For more information</p>	<p>*From 10th June* Football 3pm - 4pm Hyndburn Leisure Centre Henry Street, Church Accrington BB5 4EP All abilities welcome Walking football available if you like an easier pace Contact Danny: 07465759891 for more information</p>	<p>Volunteering- Bacup Football Club Work Party 1pm-3pm Brian Boys Stadium, Blackthorn Lane, Bacup. OL13 8EE Contact Ange: 07312160477 For more information</p>	<p>Female Only- Box Champions Non Contact Mentoring 2pm - 3pm Pendle YES Hub, Scotland Road, Nelson BB9 7UU  16 to 24 yrs only</p>
<p>IN PARTNERSHIP WITH      </p>	<p>THURSDAY</p>	<p>Volunteering- Cricket Works Party 9am - 11am ISSE New Hall Hey Cricket Club, New Hall Hey Rd, Rossendale BB4 6HL Contact Jake: 07728 275011 for more details</p>	<p> FOR OVER 24's LIMITED SPACES CONTACT HANNAH: 07447571995 TO BOOK</p>	<p>Friday Walk and Chill 1pm-3pm Pendle YES Hub, Scotland Road Nelson BB9 7UU  16 to 24 yrs only</p>

FOR MORE INFO VISIT:
activelancashire.org.uk