

EAST LANCASHIRE TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Box Champions, Non-Contact Mentoring 2pm - 3pm Pendle Yes Hub, Scotland Road, Nelson BB9 7UU 16 to 24 yrs only</p> <p></p>	<p>180 Crossfit (Men Only) 9:30am- 10.30am Z3 Training Club Unit 3 Hargher Clough Works, Hargher Street, Burnley BB11 4EG</p>	<p>Games Room (Table Tennis, Pool & Gaming) 2 - 3 pm Pendle Yes Hub Scotland Road, Nelson BB9 7UU 16 to 24 yrs only</p> <p></p>	<p>180 Crossfit (Men Only) 9:30am- 10.30am Z3 Training Club Unit 3 Hargher Clough Works, Hargher Street, Burnley BB11 4EG</p>	<p>Active Lancashire Drop-In With Inspire ETE Team 10am - 12noon Inspire Burnley, Burnley House, 37-41 Westgate, Burnley BB11 1RY</p> <p>Contact Danny: 07465759891 for more information</p>
<p>Don't Fret- Guitar Sessions with Aaron (Beginners) 1pm - 2pm Pendle YES Hub, Scotland Road, Nelson BB9 7UU 16 to 24 yrs only</p> <p></p>	<p>!BY REFERRAL ONLY! Contact Danny: 07465759891 for more information</p>	<p>Active Lancashire Drop-In With Inspire ETE Team 10am - 12noon Inspire Accrington, 33 Eagle Street, Accrington BB5 1LN</p> <p>Contact Danny: 07465759891 for more information</p>	<p>!BY REFERRAL ONLY! Contact Danny: 07465759891 for more information</p>	<p>Guitar Jam Session 1.30pm - 2.30pm Pendle YES Hub, Scotland Road, Nelson BB9 7UU 16 to 24 yrs only</p> <p></p>
<p>Pendle YES Hub: For further information please contact Dave Marshall: 07859739635</p>	<p>Free Boxercise & Wellbeing 2pm - 3 pm NGB Boxing Club Union Mill, Rawtenstall BB4 7JN Contact Oliver : 07562630299 or Geraldine: 07465755471 for more information.</p>	<p>Walk Wednesdays 1pm- 2pm, Meet at Pendle YES Hub, Scotland Rd, Nelson, BB9 7UU 16 to 24 yrs only</p> <p></p>	<p>Active Lancashire Drop-In With Inspire ETE Team 10am -12noon Inspire Pendle, Grassroots Centre St. Philips, Leeds Road, Nelson BB9 9XB</p> <p>Contact Danny: 07465759891 for more information</p>	<p>Kickboxing, Boxing and Wellbeing 2pm- 3pm Unit 17 Victoria Mill, Victoria Street. Accrington. BB5 0PG</p> <p>Contact Danny: 07465759891 for more information</p>
<p>Activity for 16 - 24 year olds only</p>	<p>Pickleball, Badminton and Football 4pm - 5 pm Leisure Box Glen Way, Brierfield BB9 5NH</p> <p>For further information Contact Danny: 07465759891 or Dave Marshall :07859739635</p>	<p>Football Works 5 -aside 1pm - 2pm Marl Pitts, Newchurch Road, Rawtenstall BB4 7SN</p> <p>Contact Oliver : 07562630299 or Geraldine: 07465755471 for more information.</p>	<p>Gym and Swim Session 2pm - 3pm Pendle Wavelengths, BB9 9TD 16-24 yrs only</p> <p>FOR OVER 24's LIMITED SPACES CONTACT HANNAH ON 07447571995 TO BOOK</p>	<p>Bat and Chat 2pm - 3:30pm Vanguard Community Centre 65 Bevington Close BB11 4SD Contact Danny: 07465759891 for more information</p>
<p>IN PARTNERSHIP WITH</p> <p> </p> <p> </p> <p> </p>	<p>FOR MORE INFO VISIT: activelancashire.org.uk</p>	<p>Football 3pm - 4.30pm Accrington Stanley Hub, Higham Playing Fields, Thorneyholme Road, Accrington BB5 6BD</p> <p>Contact Danny: 07465759891 for more information</p>	<p>Bacup Football Club Work Party 1pm-3pm Brian Boys Stadium, Blackthorn Lane, Bacup. OL13 8EE</p> <p>Contact Oliver : 07562630299 or Geraldine: 07465755471 for more information.</p>	<p>Female Only- Box Champions Non Contact Mentoring 2pm - 3pm Pendle YES Hub, Scotland Road, Nelson BB9 7UU 16 to 24 yrs only</p> <p></p>
				<p>Friday Walk and Chill 1pm-3pm Pendle YES Hub, Scotland Road Nelson BB9 7UU 16 to 24 yrs only</p> <p></p>