

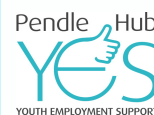
EAST LANCASHIRE TIMETABLE JULY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Don't Fret- Guitar Sessions with Aaron (Advanced) 1pm- 2pm, Pendle YES Hub, Scotland Road, Nelson BB9 7UU  16 to 24 yrs only</p>	<p>Free Boxcercise & Wellbeing 2 - 3 pm The Fighting Fitness Academy Love Boxing, Unit 3a Myrtle Grove, Lench Rd, Rossendale, BB4 7JH To register interest, contact Oliver : oliverchadwick@rossendalebc.gov.uk</p>	<p>Games Room(Table Tennis, Pool & Gaming) 2 - 3 pm Pendle Yes Hub Scotland Road, Nelson BB9 7UU  16 to 24 yrs only</p>	<p>Free Breakfast Club 12pm-1pm Trinity Hub, Bankhouse Lane Bacup OL13 OAL</p>	<p>Don't Fret- Guitar Sessions with Aaron (Beginners) 1:30pm- 2:30pm, Pendle YES Hub, Scotland Road, Nelson BB9 7UU 16 to 24 yrs only </p>
<p>Music Group 1pm – 2pm Active Seconds Shop, The Arndale, Accrington, BB5 1EX</p>	<p>Pickleball, Badminton and Football 4pm – 5 pm Leisure Box Glen Way, Brierfield BB9 5NH</p>	<p>Kickboxing 1 - 2pm Dragons Kickboxing Club, Mill, Unit 4 Thorney Bank Street, Nelson Square, Burnley BB11 1LA</p>	<p>Gym Session 2pm - 3pm Pendle Wavelengths, BB9 9TD  16-24 yrs only</p>	<p>Tennis (Weather Dependent) 1pm -3pm Stubbylee Park, Stubbylee Lane, Bacup. OL13 9RQ</p>
<p>Box Champions, Non-Contact Mentoring 12pm - 1pm Pendle Yes Hub, Scotland Road, Nelson BB9 7UU  16 to 24 yrs only</p>		<p>Walk Wednesdays 1 - 2pm, Meet at Pendle Yes Hub, Scotland Rd, Nelson, BB9 7UU  16 to 24 yrs only</p>	<p>Women Only Boxing at NGB 12pm - 1pm Union Mill, Bacup Road, Waterfoot. BB4 7JN Contact Geraldine 07456 755471 for further details</p>	<p>Kickboxing, Boxing and Wellbeing 2- 3pm Unit 17 Victoria Mill, Victoria Street. Accrington. BB5 0PG</p>
		<p>Football Works 5 -aside 1pm - 2pm Marl Pitts, Newchurch Road, Rawtenstall BB4 7SN</p>	<p>Bacup Football Club Work Party 1pm-3pm Brian Boys Stadium, Cowtoot Lane, Blackthorn Lane, Bacup. OL13 8EE</p>	<p>Female Only- Box Champions Non Contact Mentoring 2pm - 3pm Pendle YES Hub, Scotland Road, Nelson BB9 7UU </p>
		<p>Football 3 - 5 pm Accrington Stanley Hub, Higham Playing Fields, Thorneyholme Road, Accrington BB5 6BD</p>		



**Activity for 16 - 24
year olds only**

**IN PARTNERSHIP
WITH**



FOR MORE INFO VISIT:
activelancashire.org.uk