

# NORTH LANCASHIRE TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>CGL Inspire Drop-In St Annes.</b> 10am -12noon CGL Inspire St Annes The Paterson Centre, 75 St Albans Road, Lytham St Annes FY8 1XD</p>	<p><b>CGL Inspire Drop-In Fleetwood</b> 10am-12noon Inspire Fleetwood, The Lofthouse Building, London St, Fleetwood FY7 6JL</p>	<p><b>Badminton</b> 1pm - 2pm YMCA Fleetwood Leisure Centre, ESPLANADE, Fleetwood FY7 6HF</p>		<p><b>CGL Inspire Drop-In Lancaster</b> 11.30am-1.30pm Inspire Lancaster, 26 St George's Quay, Lancaster LA1 1RD</p>
<p><b>Steps to Strength Walking Group and Community Hub</b> 10:30am CGL Inspire St Annes The Paterson Centre, 75 St Albans Road, Lytham St Annes FY8 1XD</p>	<p><b>Grassroots Circuits Fleetwood</b> 2:30pm The Pavillion, Fleetwood Memorial Park, Fleetwood FY7 7AQ</p>			<p><b>Badminton &amp; Multisports</b> 2:30-3:30pm Salt Ayre Leisure Centre, Doris Henderson Way, Lancaster. LA1 5JS</p>
<p><b>Badminton</b> 2:30pm YMCA St Annes, St Albans Road, Lytham St Annes FY8 1XD</p>				

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**FOR MORE INFO VISIT:**  
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