#### LANCASTER **Place Overview**

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Demographics	Population Estimate (20         CYP (0 - 19)       32,4         Adults       81,2         65+       29,3         Total       142,9	60 123 348	Deprivation Rank <b>112th</b> Most deprive out of 317 loc authorities	ed area	Proportion of LS most deprived 10 nationally (2019) 15%	
Economic status	People in Employment (Jan - Dec 2023) 71.1% Out of Work Benefit Claimants (Nomis 2024) 3%	)	Job Density (202 0.75 *Jobs density is defined as t jobs in an area divided by th population aged 16-64 in th example, a jobs density of 1 that there is one job for even 16-64		Commuting <5KN using Active Trav 38.2%	
Crime	All crime (April 2023 - March 2024) 72.9 (Rate per 1,000 population)	(Apri	Social Behaviour 1 2023 - March 2024) 9.9 e per 1,000 populatior	Vol	Volunteering	



portion of LSOAs in st deprived 10% onally (2019) 5%

muting <5KM and not g Active Travel (2021)

List of LSOAs in most deprived 10% nationally (2019)

Harbour Heysham North Poulton **Skerton East** Skerton West Westgate

Any Volunteering in the Last 12 Months (Nov 21/22)

Whole Population Male Female

19.8% N/A 20.9%

#### LANCASTER Adults



% of adults (aged 18+) classified as overweight or obese (2022/23) 61.5%

Physical Activity Level in Adults

72.4%

Whole Population (16+) (Nov 22/23)

Inactive: Less than 30 minutes per week 18.3% Active: At least 150

Fairly Active: 30-149 minutes per week

12.6%

#### Gender

Active: at least 150 minutes a week -Gender (Nov 2021/22)

67.6% Male

Female

Physical activity levels in adults - Inactive: less than 30 minutes a week (Long-term health condition or disability) (Nov 2021/22) Disability or long term health condition

No disability or long term health condition



## minutes per week

69.1%

### Disability

30.7% 18.8%

% of people who have disabilities limiting daily activities. (Age standardised) (2021).

19.9%

#### LANCASTEK Adults

#### Physical Activity by Age

Physical Activity by Socioeconomic Status Active: at least 150 minutes a week (age) (2021/22) Aged 16-34 86.4% Aged 35-54 74.0% Aged 55-74 65.2%

 Active: at least 150 minutes a week

 (2021/22)

 NS SEC 1-2 (higher)
 77.7%

 NS SEC 3-5 (middle)
 67.1%

 NS SEC 6-8 (lower)
 70.3%

Mortality

Under 75 mortality rate from all cardiovascular diseases (2022) 107.9 Directly standardised rate per

100,000

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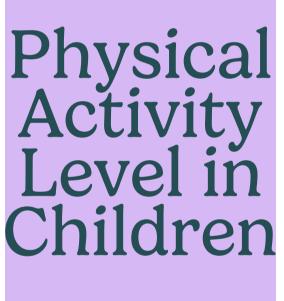


Inactive: less than 30 minutes	s a week
(age) (Nov 2021/22)	
Aged 16-34	N/A
Aged 35-54	N/A
Aged 55-74	28%
Aged 75+	N/A

Inactive: Less than 30 minutes per week (2021/22) NS SEC 1-2 (higher) 11.7% NS SEC 3-5 (middle) 28.2% NS SEC 6-8 (lower) N/A

#### LANCASTER Children & Young People

# Not in Education, Employment or Training (NEET) 6.3%



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Physical Activity levels in children and young people (ages 5 -16) (2022/23)

Less active: less than an average of 30 minutes a day

Fairly active: an average of 30-59 minutes a day

Active: an average of 60+ minutes a day

Excess Weight

Proportion of children with excess weight, Reception year (aged 4 - 5 years) (2022/23)

21.6%



29.9%

17.4%

52.7%

#### Gender

Physical "Less Active" levels in Children and Young People split by Gender (ages 5-16) (2022/23)

Male

37.3%

#### Female

39.2%

Proportion of children with excess weight, Year 6 (aged 10 - 11 years) (2022/23)



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