

PRESTON

Place Overview



Demographics

Population Estimate (2021)

CYP (0 - 19)	37,165
Adults	88,864
65+	21,806
Total	147,835

Deprivation Ranking (2019)

46th

Most deprived area out of 317 local authorities

Proportion of LSOAs in most deprived 10% nationally (2019)

19%

- List of LSOAs in most deprived 10% nationally (2019)
- Brookfield
 - City Centre
 - Deepdale
 - Fishwick & Frenchwood
 - Ribbleton
 - St Matthew's

Economic status

People in Employment (Jan - Dec 2023)

80.4%

Out of Work Benefit Claimants (Nomis 2024)

5%

Job Density (2022)

1.11

* Jobs density is defined as the number of jobs in an area divided by the resident population aged 16-64 in that area. For example, a jobs density of 1.0 would mean that there is one job for every resident aged 16-64

Commuting <5KM and not using Active Travel (2021)

45.8%

Crime

All crime (April 2023 - March 2024)

110.6

(Rate per 1,000 population)

Anti-Social Behaviour (April 2023 - March 2024)

46

(Rate per 1,000 population)

Volunteering

Any Volunteering in the Last 12 Months (Nov 21/22)

Whole Population	19.1%
Male	22.2%
Female	N/A

Excess Weight

% of adults (aged 18+) classified as overweight or obese (2022/23)

64.6%

Physical Activity Level in Adults

Whole Population (16+) (Nov 22/23)

Inactive: Less than

30 minutes per week

29.1%

Fairly Active: 30-149 minutes per week

12.3%

Active: At least 150 minutes per week

58.6%

Gender

Active: at least 150 minutes a week - Gender (Nov 2021/22)

Male

60.7%

Female

60.9%

Disability

Physical activity levels in adults - Inactive: less than 30 minutes a week (Long-term health condition or disability) (Nov 2021/22)

Disability or long term health condition

45.3%

No disability or long term health condition

21.9%

% of people who have disabilities limiting daily activities (age standardised) (2021).

19.8%

Physical Activity by Age

Active: at least 150 minutes a week (age) (2021/22)

Aged 16-34	68.2%
Aged 35-54	56.1%
Aged 55-74	61.0%

Inactive: less than 30 minutes a week (age) (Nov 2021/22)

Aged 16-34	20.6%
Aged 35-54	31.9%
Aged 55-74	28.1%
Aged 75+	40.9%

Physical Activity by Socio-economic Status

Active: at least 150 minutes a week (2021/22)

NS SEC 1-2 (higher)	63.4%
NS SEC 3-5 (middle)	61.5%
NS SEC 6-8 (lower)	N/A

Inactive: Less than 30 minutes per week (2021/22)

NS SEC 1-2 (higher)	22%
NS SEC 3-5 (middle)	N/A
NS SEC 6-8 (lower)	N/A

Mortality

Under 75 mortality rate from all cardiovascular diseases (2022)

94.8

Directly standardised rate per 100,000

**Not in Education,
Employment or
Training (NEET)**

6.2%
(2022/23)

**Physical
Activity
Level in
Children**

Physical Activity levels in children and young people (ages 5 -16) (2022/23)

Less active: less than an average of 30 minutes a day **41.0%**

Fairly active: an average of 30-59 minutes a day **17.0%**

Active: an average of 60+ minutes a day **41.9%**

Gender

Physical "Less Active" levels in Children and Young People split by Gender (ages 5-16) (2022/23)

Male **41.9%**

Female

**Excess
Weight**

Proportion of children with excess weight, Reception year (aged 4 - 5 years) (2022/23)

22.2%

Proportion of children with excess weight, Year 6 (aged 10 - 11 years) (2022/23)

40%



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