

Blackpool

Health & Wellbeing Infograph 2024-2025



Active
Lancashire



Total population

(from 2021 census)

141,036

Adults

110,515

0-19 years

30,521



Alcohol

Every 76 deaths per 100,000 are linked to alcohol consumption



Smoking

21% of adults smoke



Overweight & Obesity

73% of adults, 27% of children aged 4-5 years and 42% of children aged 10-11 years are living with excess weight or obesity



Hypertension

18% of adults have high blood pressure



Dental Health

32% of 5 year old children have visible signs of tooth decay



Fast Food Density

There is 1 takeaway outlet for every 437 people in Blackpool. The UK average is 1 per 952 people



Nutrition

Only around 25% of adults eat the recommended 5 portions of fruit and vegetables a day



Child Poverty

40% of children live in relative poverty, after housing costs



Physical Activity

31% of children (academic year 2023/24) do less than 30mins of physical activity a day. 34% of adults are classed as physically inactive, doing less than 30mins per week



MSK

26% of people have a long-term musculoskeletal problem such as neck and back pain



Active Commuting

14% of people use active modes of travel to get to work



Mental Wellbeing

20% of people aged over 16 are affected by mental health problems