



Total population

(from 2021 census)

94,700

Adults

70,900

0-19 years

23,800



Alcohol

Every 60 deaths per 100,000 are linked to alcohol consumption



Smoking

17% of adults smoke



Overweight & Obesity

71% of adults, 24% of children aged 4-5 years and 41% of children aged 10-11 years are living with excess weight or obesity



Hypertension

15% of adults have high blood pressure



Dental Health

29% of 5 year old children have visible signs of tooth decay



Fast Food Density

There is 1 takeaway outlet for every 588 people in Burnley. The UK average is 1 per 952 people



Nutrition

Only around 22% of adults eat the recommended 5 portions of fruit and vegetables a day



Child Poverty

42% of children live in relative poverty, after housing costs



Physical Activity

41% of children (academic year 2023/24) do less than 30mins of physical activity a day. 31% of adults are classed as physically inactive, doing less than 30mins per week



MSK

24% of people have a long-term musculoskeletal problem such as neck and back pain



Active Commuting

12% of people use active modes of travel to get to work



Mental Wellbeing

20% of people aged over 16 are affected by mental health problems