



Total population

(from 2021 census)

82,200

Adults

61,700

0-19 years

20,500



Alcohol

Every 61 deaths per
100,000 are linked to
alcohol consumption



Smoking

9% of adults
smoke



Overweight & Obesity

67% of adults, 26% of children
aged 4-5 years and 39% of
children aged 10-11 years are
living with excess weight or
obesity



Hypertension

16% of adults have high
blood pressure



Dental Health

30% of 5 year old
children have visible
signs of tooth decay



Fast Food Density

There is 1 takeaway outlet
for every 585 people in
Hyndburn. The UK average
is 1 per 952 people



Nutrition

Only around 25% of adults
eat the recommended 5
portions of fruit and
vegetables a day



Child Poverty

43% of children live in
relative poverty, after
housing costs



Physical Activity

30% of children (academic year
2023/24) do less than 30mins of
physical activity a day. 30% of adults
are classed as physically inactive,
doing less than 30mins per week



MSK

26% of people
have a long-term
musculoskeletal
problem such as
neck and back
pain



Active Commuting

9% of people use
active modes of
travel to get to work



Mental Wellbeing

19% of people aged over 16 are
affected by mental health problems