



Total population
(from 2021 census)
95,800

Adults
170,700
0-19 years
25,100



Alcohol
Every 54 deaths per
100,000 are linked to
alcohol consumption



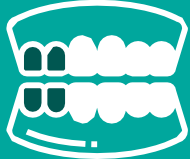
Smoking
13% of adults
smoke



Overweight & Obesity
68% of adults, 24% of children
aged 4-5 years and 39% of
children aged 10-11 years are
living with excess weight or
obesity



Hypertension
14% of adults have high
blood pressure



Dental Health
39% of 5 year old
children have visible
signs of tooth decay



Fast Food Density
There is 1 takeaway outlet
for every 769 people in
Pendle. The UK average is 1
per 952 people



Nutrition
Only around 28% of adults
eat the recommended 5
portions of fruit and
vegetables a day



Child Poverty
45% of children live in
relative poverty, after
housing costs



Physical Activity
42% of children (academic year
2023/24) do less than 30mins of
physical activity a day. 31% of adults
are classed as physically inactive,
doing less than 30mins per week



MSK
20% of people
have a long-term
musculoskeletal
problem such as
neck and back
pain



Active Commuting
12% of people use
active modes of
travel to get to work



Mental Wellbeing
19% of people aged over 16 are
affected by mental health problems