



Total population
(from 2021 census)
111,035

Adults
87,037
0-19 years
23,998



Alcohol
Every 37 deaths per
100,000 are linked
to alcohol
consumption



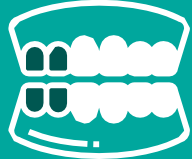
Smoking
11% of adults
smoke



Overweight & Obesity
67% of adults, 23% of children
aged 4-5 years and 31% of
children aged 10-11 years are
living with excess weight or
obesity



Hypertension
16% of adults have high
blood pressure



Dental Health
16% of 5 year old
children have visible
signs of tooth decay



Fast Food Density
There is 1 takeaway outlet
for every 935 people in
South Ribble. The UK
average is 1 per 952 people



Nutrition
Only around 25% of adults
eat the recommended 5
portions of fruit and
vegetables a day



Child Poverty
27% of children live in
relative poverty, after
housing costs



Physical Activity
31% of children (academic year
2023/24) do less than 30mins of
physical activity a day. 27% of adults
are classed as physically inactive,
doing less than 30mins per week



MSK
19% of people
have a long-term
musculoskeletal
problem such as
neck and back
pain



Active Commuting
7% of people use
active modes of
travel to get to work



Mental Wellbeing
15% of people aged over 16 are
affected by mental health problems