

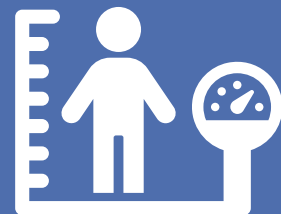
Ribble Valley

Health and Wellbeing Infographic 2026-27



Total Population

61,561



Overweight & Obesity

Adults

63.2% of adults are overweight

0 - 4 Years

22.5% of children aged 0-4 are overweight

10 - 11 Years

31.7% of children aged 10-11 are overweight



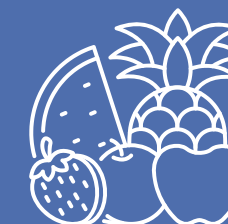
Physical Activity

Adults

25.1% of adults are inactive, meaning they complete less than 30 minutes of physical activity per week.

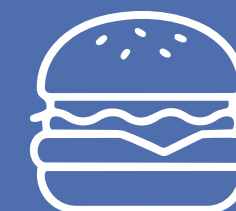
Children

27.1% of children aged 5 - 16 are inactive, meaning they complete less than 30 minutes of physical activity per week.



Nutrition

40.1% of adults eat the recommended 5 portions of fruit and vegetables per day.



Fast Food

There are 119.4 takeaways per 100,000 in Chorley. This is higher than the national average of 115.9



Alcohol

Every 38.1% deaths per 100,000 are linked to alcohol



Smoking

3.5% of adults smoke



Child Poverty

20% of children live in poverty, this is higher than the national average of 31%



Dental Health

26.6% of 5-year-old children have visible tooth decay



Mortality

27.7% of adults under 75 passed away from a preventable cardiovascular disease between 2022-24.



Active Commuting

9% of adults walk or cycle to work



MSK

22.1% of adults report having long term MSK problems.



Health

3.2% of adults self-reported having 'bad' or 'very bad' health



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