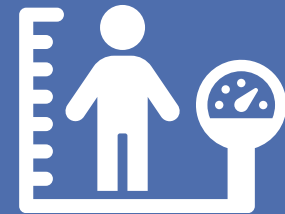


Wyre

Health and Wellbeing Infographic 2026-27



Total Population
111,949



Overweight & Obesity

Adults

73.6% of adults are overweight

0 - 4 Years

25% of children aged 0-4 are overweight

10 - 11 Years

32% of children aged 10-11 are overweight



Physical Activity
Adults

25.1% of adults are inactive, meaning they complete less than 30 minutes of physical activity per week.

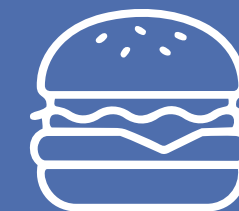
Children

27.1% of children aged 5 - 16 are inactive, meaning they complete less than 30 minutes of physical activity per week.



Nutrition

36.6% of adults eat the recommended 5 portions of fruit and vegetables per day.



Fast Food

There are 135.9 takeaways per 100,000 in Chorley. This is higher than the national average of 115.9



Alcohol

Every 43.2 deaths per 100,000 are linked to alcohol



Smoking

8.9% of adults smoke



Child Poverty

28% of children live in poverty, this is higher than the national average of 31%



Dental Health

25.8% of 5-year-old children have visible tooth decay



Mortality

27.7% of adults under 75 passed away from a preventable cardiovascular disease between 2022-24.



Active Commuting

9% of adults walk or cycle to work



MSK

22.1% of adults report having long term MSK problems.



Health

5.8% of adults self-reported having 'bad' or 'very bad' health



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