

Burnley

Health and Wellbeing Infographic 2026-27



Total Population

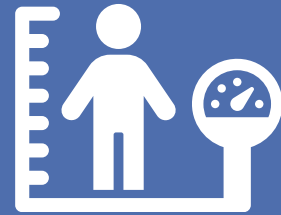
99,233

Adults

78,900

0 - 19 Years

20,300



Overweight & Obesity

Adults

72.1% of adults are overweight

0 - 4 Years

27% of children aged 0-4 are overweight

10 - 11 Years

39.9% of children aged 10-11 are overweight



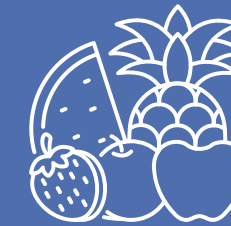
Physical Activity

Adults

30.7% of adults are inactive, meaning they complete less than 30 minutes of physical activity per week.

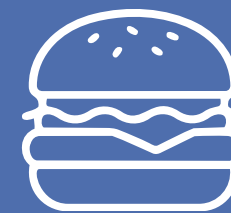
Children

24.7% of children aged 5 - 16 are inactive, meaning they complete less than 30 minutes of physical activity per week.



Nutrition

21.1% of adults eat the recommended 5 portions of fruit and vegetables per day.



Fast Food

There are 167 takeaways per 100,000. This is higher than the national average of 115.9



Alcohol

Every 50.4 deaths per 100,000 are linked to alcohol



Smoking

9% of adults smoke



Child Poverty

42% of children live in poverty, this is higher than the national average of 31%



Dental Health

41.9% of 5-year-old children have visible tooth decay



Mortality

49% of adults under 75 passed away from a preventable cardiovascular disease between 2022-24.



Active Commuting

12% of adults walk or cycle to work



MSK

24% of adults report having long term MSK problems.



Health

7% of adults self-reported having 'bad' or 'very bad' health



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